

# CCC SHUFFLE (TRIPLE C SHUFFLE) [LINEDANCE.COM](http://LINEDANCE.COM)

**Count:** 32      **Wall:** —      **Level:** —

**Choreographer:** Connie Davignon

**Music:** Here In The Real World by Alan Jackson

**Position:** Side By Side (Sweetheart) Position

## PROGRESSIVE VINE LEFT, PROGRESSIVE VINE RIGHT

1-2      Step forward left, cross behind with right

3-4      Step forward left, scuff right

5-6      Step forward right, cross behind with left

7-8      Step forward right, scuff left

## 4 FORWARD POLKAS

9&10      Shuffle forward left, right, left

11&12      Shuffle forward right, left, right

13&14      Shuffle forward left, right, left

15&16      Shuffle forward right, left, right

## LEFT HEEL, CROSS, HEEL, STOMP, RIGHT HEEL, CROSS, HEEL STOMP

17-18      Touch left heel forward bring left heel to front of right leg

19-20      Touch left heel forward, stomp left next to right

21-22      Touch right heel forward, bring right heel to front of left leg

23-24      Touch right heel forward, stomp right next to left

## ROCK FORWARD, ROCK BACK STEP FORWARD, BRUSH

25-26      Rock forward on left, rock back on right

27-28      Step forward on left, brush right scuff

## ROCK FORWARD, ROCK BASIC, STEP FORWARD, BRUSH

29-30      Rock forward on right, rock back on left

31-32      Step forward on right, brush left scuff

## REPEAT

## **VARIATIONS:**

**Twirl lady forward on 2nd and 3rd polkas**

**Or**

**Lady go round (lady is led around man with his left hand and spun into position on 4th polka)**

**Or**

**Half way round the world on 1st and 2nd polkas; man spins lady full turn to left in front of him back into position on 3rd and 4th polkas**