

Proud of You (□□□□)

LINEDANCE.COM

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Li Michelle (Malaysia), Amy Yang (Taiwan) and BM Leong (Malaysia) August 2017

Music: Proud Of You by Fiona Fung

Alt. music: Your Pride by Joey Yung (□□□□ -□□□)

Start the dance on vocal after 16 counts.

Sec . 1: DIAGONAL FORWARD, RECOVER, SWEEP BACK(R&L), 1/8 TURN R BACK, RECOVER L, 3/4 TURN L ON R&L

1 - 4 Step R forward R diagonal, Recover onto L, Sweep and step RF back, Sweep and step LF back(01:30)

5 - 8 1/8 turn R rock back on RF(03:00), Recover onto LF, 1/2 turn L step back on RF, 1/4 TURN L step LF to L(06:00)

1 - 4□□□□□□ ,□□□□□ ,□□□□□□□ ,□□□□□□□ (01:30)

5 - 8□□ 1/8□□□□ (03:00),□□□□□ ,□□ 1/2□□□□□ ,□□ 1/4□□□□□ (06:00)

Sec . 2 CROSS, RECOVER, SIDE CHA CHA, 1/4 TURN L BACK, RECOVER, FORWARD SHUFFLE

1-2,3&4 Cross RF over LF, Recover onto LF, Step RF to R, Step LF beside RF, Step R to R

5-6,7&8 1/4 turn L step LF back, Recover onto RF, Step LF forward, Lock RF behind LF, Step LF forward(03:00)

1-2,3&4□□□□□□□□ ,□□□□□□ ,□□□□□□ ,□□□□□□□□ ,□□□□□□

5-6,7&8□□ 1/4□□□□□□ ,□□□□□□□□ ,□□□□□□□□ ,□□□□□□□□ (03:00)

Sec. 3 CROSS, SIDE, SAILOR, CROSS, 1/4 TURN L BACK, 1/4 TURN L CHA CHA

1-2,3&4 Cross RF over LF, Step LF to L, Cross RF behind LF, Step LF beside RF, Step RF to R

5-6,7&8 Cross LF over RF, 1/4 turn L stepping back on RF, 1/4 turn L step LF to L, Step RF beside LF, Step LF to L(09:00)

1-2,3&4□□□□□□□□ ,□□□□□□ ,□□□□□□□□ ,□□□□□□□□ ,□□□□□□□□

5-6,7&8 □□□□□□ ,□□ 1/4□□□□ ,□□ 1/4□□□□ ,□□□□□□ ,□□□□ (09:00)

Sec . 4 CROSS, RECOVER, SIDE CHASSE(R&L)

1-2,3&4 Cross RF over LF, Recover onto LF, Step RF to R, Step LF beside RF, Step RF to R

5-6,7&8 Cross LF over RF, Recover onto RF, Step LF to L, Step RF beside LF, Step LF to L

1-2,3&4 □□□□□□ ,□□□□□□ ,□□□□□□ ,□□□□□□ ,□□□□□□

5-6,7&8 □□□□□□ ,□□□□□□ ,□□□□□□ ,□□□□□□ ,□□□□□□

Sec . 5 FORWARD, PIVOT 1/2 TURN L, FORWARD SHUFFLE, FORWARD, PIVOT 1/2 TURN R, FORWARD SHUFFLE

1-2,3&4 Step RF forward, Pivot 1/2 turn L step on LF, Step RF forward, Lock LF behind RF, Step RF forward(03:00)

5-6,7&8 Step LF forward, Pivot 1/2 turn R step on RF, Step LF forward, Lock RF behind LF, Step LF forward(09:00)

1-2,3&4 □□□□□□ ,□□□□□□ 1/2□□□□□□ ,□□□□□□ ,□□□□□□□□□□□□ ,□□□□□□ (03:00)

5-6,7&8 □□□□□□ ,□□□□□□ 1/2□□□□□□ ,□□□□□□ ,□□□□□□□□□□□□ ,□□□□□□ (09:00)

Sec . 6 FORWARD ROCK, COASTER 1/4 TURN R, FORWARD, TRIPLE 1/2 TURN L

1 - 4 Rock RF forward, Recover onto LF, 1/4 turn R stepping back on RF, Step LF beside RF, Step RF forward(12:00)

5-6,7&8 Rock LF forward, Recover onto RF, 1/4 turn L step LF slightly to L side, Step RF beside LF, 1/4 turn L step LF forward(06:00)

1 - 4 □□□□□□ ,□□□□□□ ,□□□□□□ 1/4□□□□□□ ,□□□□□□□□□□□□ ,□□□□□□ (12:00)

5-6,7&8 □□□□□□ ,□□□□□□ ,□□□□□□ 1/4□□□□□□ ,□□□□□□□□□□□□ ,□□□□□□ 1/4□□□□□□ (06:00)

Sec . 7 PADDLE 1/4 TURN L(x2), SAMBA(L&R)

1 - 4 Step RF forward, Paddle 1/4 turn L step on LF, Step RF forward, Paddle 1/4 turn L step on LF(12:00)

5-6,7&8 Cross RF over LF, Step LF to L, Recover onto RF, Cross LF over RF, Step RF to R, Recover onto LF

1 - 4 □□□□□□ ,□□□□□□ 1/4□□□□□□ ,□□□□□□ ,□□□□□□ 1/4□□□□□□ (12:00)

5-6,7&8 □□□□□□ □□□□ □□□□ □□□□□□ □□□□ □□□□

Sec . 8 JAZZ BOX 1/4 TURN R, HIP SWAYS

1 - 4 Cross RF over LF, Step LF back, 1/4 turn R step RF to R, Step LF beside RF(03:00)

5 - 8 Sway hip R□ L□ R□ L

1 - 4 □□□□□□ □□□□ □□ 1/4 □□□□ □□□□□□ (03:00)

5 - 8 □□□□□□□□□□

Start again

Restarts :

During wall 2 and 4, after 16 counts(facing 06:00 and 12:00)

During wall 3, after 62 counts(facing 09:00)

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□□□□□□□□□□ 16□ (□□ 06:00□ 12:00)

□ 3□□□□ 62□ (□□ 09:00)

Have Fun & Happy Dancing!

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