

Flatt Out Dance

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Count: 48 **Wall:** 2 **Level:** —

Choreographer: Bracken Ellis , Junior Willis , and John Robinson (May 22nd 2017)

Music: "Dance" by Rascal Flatts (Album: Back to Us) 3:22

Intro: 24 counts

Restart after 32 counts during 5th repetition*

[1-8] TOUCH, AND TOUCH, AND TOUCH, TWIST, TWIST, FORWARD ROCK, TRIPLE STEP (ONE AND A HALF TURNS)

- 1&2&** Touch R forward; & Step R next to L; Touch L forward; & Step L next to R
- 3&4** Touch R forward; & Twist R heel out; Twist R heel to center
- 5-6** Rock R forward; Recover L in place
- 7&8** Turn half right [6:00] stepping R forward; & Turn half right [12:00] stepping L next to R;
Turn half right [6:00] stepping R forward

[9-16] WIZARD STEP, QUARTER WIZARD STEP, FORWARD ROCK, OUT OUT, BUMP BUMP

- 1,2&** Step L forward; Lock R behind L; & Step L in place
- 3,4&** Turn quarter right [9:00] stepping R forward; Lock L behind R; & Step R in place
- 5-6** Rock L forward; Recover R in place
- &7&8&** Step L to left side; Place R to right side; & Bump hips right; Bump hips left (weight L)

[17-24] SIDE, DRAG, BALL CROSS, SIDE, DROP AND ROLL, AND ROLL AND ROLL

- 1,2** Large step R to right side; Drag L toward R
- &3,4&** Step ball of L slightly back; Step R across L; Step L to left side
- 5-6** Bend knees, dropping hips, and scooping hips left to right
- &7&8** Scoop hips left to right twice, weight ending R

[25-32] BALL CROSS SIDE, SAILOR STEP, SAILOR THREE-QUARTER TURN LEFT, WALK, WALK

- &1,2&** Step ball of L slightly back; Step R across L; Step L to left side
- 3&4** Step R behind L; & Step L to left side; Step R to right side

5&6 Turn quarter left [6:00] stepping L behind right; & Turn quarter left [3:00] stepping R in place; Turn quarter left [12:00] stepping L forward

7-8 Walk R forward; Walk L forward

***Restart here during 5th repetition**

[33-40] KICK, BALL STEP, BALL STEP, HITCH, BACK, TOUCH, QUARTER, TOUCH

For steps 1-6, angle hips to face 1:30, travel forward to 12:00

1&2 Kick R to forward right diagonal; & Step ball of R slightly behind L; Step L toward 12:00

&3,4& Step ball of R slightly behind L; Step L toward 12:00; Hitch R next to L

5-6 Step R back toward 4:30; Touch L next to R

7-8 Turn quarter left [9:00] stepping L to left side; Touch R next to L

[41-48] SIDE ROCK, SAILOR QUARTER RIGHT, STEP, HALF PIVOT, TRIPLE STEP (FULL TURN)

1-2 Rock R to right side; Recover L in place

3&4 Turn quarter right [12:00] stepping R behind L; Step L to left side; Step R to right side

5-6 Step L forward; Turn half right [6:00] transferring weight R

7&8 Turn half right [12:00] stepping L back; & Turn half right [6:00] stepping R next to L; Step L forward

TAG: After Wall 2, add these 4 counts, facing 12:00

1 Step R forward

2-3 Over two counts, smoothly roll body forward then transfer weight back to L

4 Touch R next to L

Note: Thank you very much to Linda Ellis for suggesting this track, and to Lu Rousch for suggesting the title of this dance.

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