

Follow The Sun

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Count: 64 **Wall:** 4 **Level:** Easy Intermediate

Choreographer: Francien Sittrop (March 2016)

Music: Follow the Sun (Black Box Radio Edit) - Time Square feat Xavier Rudd. Album: Single

Intro: Start after 16 counts from the beginning

[1 - 8] Prissy Walks fwd, Shuffle fwd, Rock step, Recover, Coaster cross

- 1 - 2 Step R across L, Step L across R
- 3 & 4 Step R fwd, Step L next to R, Step R fwd
- 5 - 6 Rock L fwd, Recover on R
- 7 & 8 Step L back, Step R next to L, Step L across R

[9-16] Rolling Vine, Side Shuffle, Cross Rock , Recover, Sailor step ¼ Turn L

- 1 - 2¼ Turn R step R fwd, ½ Turn R step L back
- 3 & 4¼ Turn R step R to R side, Step L next to R, Step R to R side
- 5 - 6 Rock L across R, Recover on R
- 7 & 8 Sweep L behind R with ¼ Turn L, Step R to R side, Step L fwd (09.00)

[17-24] Skates R - L , Shuffle fwd, Step fwd, Touch and Step, Scuff

- 1 - 2 Skate R fwd, Skate L fwd
- 3 & 4 Step R fwd, Step L next to R, Step R fwd
- 5-6& Step L fwd, Touch R next to L, Step R next to L
- 7 - 8 Step L fwd, Scuff R fwd

[25-32] Diag Steps with touch, Coaster Step

- 1 - 2 Step R Diagonally R fwd, Touch L next to R
- 3 - 4 Step L Diagonally L back, Touch R next to L
- 5 - 6 Step R Diagonally R back, Touch L next to R
- 7 & 8 Step L back, Step R next to L, Step L fwd ****R****

[33-40] Side, Together , Shuffle fwd, Side , Together, Walks back L-R

- 1 - 2 Step R to R side, Step L next to R

- 3 & 4 Step R fwd, Step L next to R, Step R fwd
5 - 6 Step L to L side, Step R next to L
7 - 8 Step L back, Step R back

[40-48] Side rock , Recover, Sailor step, Sailor step ¼ R, Step fwd, Pivot ½ R

- 1 - 2 Rock L to L side, Recover on R
3 & 4 Sweep L behind R, Step R next to L, Step L to L side
5 & 6 Sweep R behind L with ¼ Turn R, Step L to L side, Step R fwd (12.00)
7 - 8 Step L fwd, Pivot ½ Turn R (06.00) **R**

[49-56] Step Fwd, Sweep, Step fwd, Sweep, Jazz Box ¼ Turn L

- 1 - 2 Step L fwd, Sweep R fwd
3 - 4 Step R fwd, Sweep L fwd
5 - 8 Step L across R, Step R back, ¼ Turn L step L to L side, Step R fwd (03.00)

[57-64] L Heel fwd ,R Heel fwd, Back, Back, Step fwd, Pivot ½ R, Shuffle fwd

- 1 - 2 Step on L heel fwd, Step on R heel fwd (with toes up)
3 - 4 Step L back, Step R next to L
5 - 6 Step L fwd, Pivot ½ Turn R (09.00)
7 & 8 Step L fwd, Step R next to L , Step L fwd

Restarts:-

During wall 1 : After count 32, Start again with count 1

During wall 3 : After count 48, Add an & count step L next to R and start again with count 1

During wall 7 : After count 32, Start again with count 1 .

**Ending: Wall 8 is the last wall (front wall) Dance until count 14(Cross Rock Recover)
Then make Coaster step**

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