

# Disturbance Cha

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** Intermediate / Advanced

**Choreographer:** Ephraim Kirkland (Oct '07)

**Music:** Ooh Poo Pah Doo by Taj Mahal, CD: Phantom Blues

**Dance starts with the beat after about 26 seconds, on the word "doo"**

**TURN  $\frac{1}{4}$ , SPIN, STEP, STEP-TOUCH-STEP, ROCK, RECOVER, (1/8 LEFT) SIDE-TOGETHER- $\frac{1}{4}$**

- 1** Step left to side making  $\frac{1}{4}$  turn left (beginning a  $1\frac{1}{4}$  spin)
- 2-3** Hitch right leg with foot next to calf and spin on ball of foot a full turn left (9:00), step right forward
- 4&5** Step left forward, touch right, step right forward (easy option; remove spin on count 2 above, just hitch.)
- 6-7** Rock left forward, recover back to right
- 8&1** Turn  $\frac{1}{8}$  to left and step left to side.(7:30), step right next to left, turn  $\frac{1}{4}$  left and step left forward (4:30)

**PREP,  $\frac{1}{2}$ ,  $\frac{1}{2}$ -TOGETHER-STEP, ROCK, RECOVER, SIDE-CROSS-TOUCH**

- 2-3** Step right forward and prep for a right turn, turn  $\frac{1}{2}$  right and step back left
- 4&5** Continue to turn another  $\frac{1}{2}$  as you step into a forward shuffle with right, left, right (4:30)
- 6-7** Rock left forward, recover back to right
- 8&1** Take a small step left with left, quickly CROSS RIGHT OVER LEFT, touch left toe to left side

**BEHIND, SWEEP, BEHIND-SIDE- $\frac{1}{4}$ , WALK, WALK, SHUFFLE**

- 2-3** Cross left behind right, sweep right around to the right
- 4&5** Land the right behind left, and quickly step left to left starting  $\frac{1}{4}$  left turn, and right across left finishing the  $\frac{1}{4}$  left turn (1:30)
- 6-7** Walk forward left, walk right
- 8&1** Shuffle forward left, right, left

**STEP, TURN ( $\frac{1}{4}$ ), SHUFFLE, WALK, WALK, MAMBO-TURN ( $\frac{3}{8}$  LEFT)**

- 2-3** Step forward right, pivot on the ball of right foot  $\frac{1}{4}$  left and step forward left (10:30)
- 4&5** Shuffle forward right, left, right

**6-7** Walk forward left, right

**8&1** Rock LEFT FORWARD, recover back to right and start 3/8 left turn, finish the 3/8 left turn as you step LEFT FORWARD (6:00)

**TURN 1/2, 1/2, SHUFFLE-PREP, 1/2, 1/2, STEP, TURN (1/2 RIGHT)**

**2-3** Travel towards 6:00 as you turn one full turn left, stepping right, then left (turn left step right back, turn left step left forward.)

**4&5** Shuffle right, left, right (end with the right toe turned out, preparing to turn right)

**(option; move forward counts 2-7, no turns)**

**6-7** Still traveling towards 6:00, make a full turn right, stepping left, then right

**(turn right step left back, turn right step right forward.)**

**8-1** Step left forward, make 1/2 turn right and step forward with right (12:00)

**TURN 1/4, 1/2, ROCK, HOLD, FAST BUMPS, SIDE-TOGETHER**

**2-3** Turns right 1/4 and step left to left (9:00 traveling towards 12:00), turning another 1/2, step right to right (3:00)

**4-5** Rock weight onto left foot, hold

**&6&7&** Bump hips quickly in a circle to the left, bumping right, forward-right, left-forward, back-left, and back to right

**8&** Step left to left, step right next to left

**Begin again.**