

PUMP IT UP!

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Zandra Varnham

Music: Pump It Up by Danzel

WALK FORWARD X3, KICK, WALK BACK X3, TOUCH

- 1-2 Walk forward right, walk forward left
- 3-4 Walk forward right, kick left forward
- 5-6 Walk back left, walk back right
- 7-8 Walk back left, touch right next to left (no weight on right)

STEP KICK X4

- 1-2 Step right to right side, kick left across right
- 3-4 Step left to left side, kick right across left
- 5-6 Step right to right side, kick left across right
- 7-8 Step left to left side, kick right across left

RIGHT GRAPEVINE $\frac{1}{4}$ TURN RIGHT, LEFT GRAPEVINE, TOUCH

- 1-2 Step right to right side, cross step left behind right
- 3-4 $\frac{1}{4}$ turn right stepping down on right, touch left next to right**
- 5-6 Step left to left side, cross step right behind left
- 7-8 Step left to left side, touch right next to left

STEP, TOUCH X4

- 1-2 Step forward on right, touch left next to right (no weight)
- 3-4 Step back on left, touch right next to left (no weight)
- 5-6 Step back on right, touch left next to right (no weight)
- 7-8 Step forward on left, touch right next to left (no weight)

On last 8 counts try adding claps onto steps 2,4,6,8

REPEAT