

NADA WALTZ

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Count: 48

Wall: 2

Level: beginner/intermediate

Choreographer: Charlotte Williams

Music: My Front Porch Lookin In by Lonestar

(MODIFIED) WALTZ LUNGES - LUNGE RIGHT WITH TOUCH; LUNGE LEFT WITH TOUCH

- 1-4** Lunge right across (in front) of left, step left in place, return right home, touch left next to right
- 5-8** Lunge left across (in front) of right, step right in place, return left home, touch right next to left

RIGHT VINE, TURN ONE-FOURTH LEFT, MODIFIED (SLOW) COASTER

- 1-4** Step right to right, step left behind right, step right to right, step left across (in front) of right
- 5** Turn one-fourth ($\frac{1}{4}$) left stepping on back on right
- 6-8** Step back on left, step right next to left, step forward on left (slow coaster)

MODIFIED (SLOW) COASTERS FORWARD AND BACK, TURN ONE-FOURTH LEFT, TAP

- 1-3** Step forward on right, step left next to right, step back on right
- 4-6** Step back on left, step right next to left, step forward on left
- 7-8** Turn one-fourth ($\frac{1}{4}$) to left, stepping right to right, tap left heel to left

STEP - TAP; STEP - TAP; STEP - 3 TAPS

- 1-2** Step left to left, tap right heel to right
- 3-4** Step right to right, tap left heel to left
- 5-8** Step left to left, tap right heel three (3) times - signal that you are getting ready to start polka steps forward

FOUR POLKA (SHUFFLE) STEPS FORWARD

- 1&2** Right polka (shuffle) forward (right, left, right)
- 3&4** Left polka (shuffle) forward (left, right, left)
- 5&6** Right polka (shuffle) forward (right, left, right)
- 7&8** Left polka (shuffle) forward (left, right, left)

Variation: on 2nd and 3rd polkas turn one-half ($\frac{1}{2}$) turn each to right-making a full turn

TWO STEP SLIDE BACK, TWO POLKA (SHUFFLE) STEPS BACK

1-2 Step back on right (at right diagonal), slide left next to right - keep weight on right

3-4 Step back on left (at left diagonal), slide right next to left - keep weight on left

5&6 Right polka (shuffle) back (right, left, right)

7&8 Left polka (shuffle) back (left, right, left)

REPEAT