

Last One Standing

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Betsy Courant (Jan 2013)

Music: Last One Standing by Nikki Flores

Dance starts about 30 seconds in, on the lyrics "last one standing".

SIDE (R), BEHIND (L), CROSS (R), SIDE (L), BEHIND (R) & (L) SWEEP, LEFT COASTER, STEP/SWAY FORWARD (R), SWAY BACK (L), SWAY FORWARD (R), RECOVER (L), BACK (R), ½ TURN LEFT, FORWARD (R)

1, 2&aStep Right to right side, step on ball of Left behind Right, cross Right over Left, step Left to left side

3, 4&aStep on ball of Right behind Left while sweeping Left around behind Right, step back Left, step Right next to Left, step forward Left

5-6-7 Step forward Right swaying forward, sway back Left, sway forward Right

8&a1Recover weight back on Left, step back Right, ½ turn left and step forward Left, step forward Right (6:00)

SIDE (L), BEHIND (R), SWEEP/BEHIND (L) SIDE (R) FORWARD (L), WALK FORWARD R,L,R, FORWARD (L), ½ TURN RIGHT, ½ TURN RIGHT

2, 3 Step Left to left side, step Right behind Left sweeping Left around behind Right

4&aStep Left behind Right, step Right next to Left, step forward Left

(Restart wall 2)

5, 6, 7 Walk forward Right, Left Right (add styling: step forward Right while dragging Left toe up to & past Right, step forward Left while dragging Right toe up to and past Left, step forward Right while dragging Left toe up to & past Right)

8&aStep forward on ball of Left, make ½ turn right step forward Right, make ½ turn right and step back on Left

WALK BACK (R L R), LEFT SAILOR CROSS ¼ TURN LEFT, ROCK, (R), RECOVER (L), TOGETHER (R), ROCK (L), RECOVER (R), TOGETHER (L), FORWARD (R), RECOVER (L)

1, 2, 3 Walk back Right, Left, Right

4&aCross Left behind Right, make $\frac{1}{4}$ turn left stepping Right next to Left, cross Left over Right (3:00)

5, 6a7Rock Right to right side, recover Left, step Right next to Left, rock Left to left side

8&a1Recover Right, step Left next to Right, step forward Right, recover Left

$\frac{1}{2}$ TURN (R), $\frac{1}{2}$ TURN/SWEEP, SIDE (L), RIGHT SAILOR STEP, LEFT SAILOR STEP, BEHIND (R), SIDE (L), CROSS (R), LEFT SCISSOR STEP

2, 3 $\frac{1}{2}$ turn right stepping forward Right, keeping weight on Right make $\frac{1}{2}$ turn right sweeping Left out and around

4 Step Left to left side

5&aStep Right behind Left, step Left next to Right, step Right to right side

6&aStep Left behind Right, step Right next to Left, step Left to left side

7&aStep Right behind Left, step Left to left side, cross Right over Left

8&aStep Left to left side, recover Right, cross Left over Right (3:00)

RESTART: On wall 2 restart dance on count 5 of the 2nd set of 8 counts (as noted above). This will now be wall 3.

TAG: At the end of Wall 5, add the following 2 counts:

1 Step Right to right side

2&aStep Left to left side, recover Right, cross Left over Right

ENDING (wall 7): The dance ends during the first 8 counts of Wall 7. Dance up through 4&a, and instead of sways, simply walk around to the front wall (right) to finish off the dance.

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