

DISCO 100

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Count: 32 **Wall:** 4 **Level:** Advanced Beginner

Choreographer: Iwan Loebis, Jazz Dance Studio, INA (Feb 2011)

Music: Two Tribes by Frankie Goes To Hollywood (Disco Remix)

STEPS, CHASSE, TRAVELLING TURN, HOOK

1-2 Step R to right side, step R next to R

3&4 Step R to right side, step L next to R, step R to right side

5-8¼ turn left step L forward, ½ turn left step back on R

7-8¼ turn right step L to left side, hook R forwards

CROSS AND TOUCH, SAILOR ¼ TURN, KICK BALL CROSS

1-2-3-4 Cross R over L, touch L out to left side, cross over R, touch R out to right side

5&6¼ turn right stepping R behind L, step L next to R, step R forward

7&8 Kick L forward, step L next to R, cross R over L

ROCK RECOVER WITH ¼ TURN, FWD SHUFFLE, ½ TURN, STEP, CROSS, SIDE CROSS

1-2 Rock L to left side, recover on R making ¼ turn right

3&4 Step L forward, step R next to L, step L forward

5&6 Make ½ turn right step back on R, step L to left side, cross R over L

7&8 Step L to left side, step R to right side, cross L over R

ROCK RECOVER, FLICK, ¼ SHUFFLE TURN, KICK BALL STEP

1-2 Step/rock R to right side, recover on L

3&4& Change weight in place on R, L, R, flick L back

(count 1 to 4 .. with hips movement)

5&6 Step L to left side, step R next to L, make ¼ turn right stepping L to left side

7&8 Kick R forward, step R next to L, step L forward

REPEAT AND ENJOY YOUR DANCE ... TILL ... DROP !!!!!

There 2 easy tags after 2nd WALL AND 5th WALL

TAG 1: After 2nd wall do the dance as follows:

SIDE STEPS

- 1-2-3 Step R to right side, step L to right side, Step R to right side
4-5-6 Step L to left side, step R to left side, step L to right side
7-8 Step R to right side, step L to left side

VINE, ROCK RECOVER, CROSS, SIDE, CROSS

- 1-2-3-4 Step R to right side, cross L behind R, step R to right side, cross L over R

(optional: can be done, becomes 2 times full turn)

- 5-6 Step/rock R to right side, recover on L
7&8 Cross R behind L, step L to left side, cross R over L

LEFT CHASSE, CROSS, $\frac{1}{4}$ TURN, $\frac{1}{2}$ PIVOT TURN, ROCK RECOVER

- 1&2 Step L to left side, step R next to L, step L to left side
3-4 Cross R behind L, $\frac{1}{4}$ turn left stepping L forward
5-6 Step R forward, make $\frac{1}{2}$ turn left (weight on L)
7-8 Step/rock R to right side, recover on L

Start again the dance from the beginning

TAG 2: After 5th wall do the dance as follows:

SIDE STEPS

- 1-2-3 Step R to right side, step L to right side, Step R to right side
4-5-6 Step L to left side, step R to left side, step L to right side
7-8 Step R to right side, step L to left side

VINE, ROCK RECOVER, KICK BALL CROSS

- 1-2-3-4 Step R to right side, cross L behind R, step R to right side, cross L over R

(optional: can be done become 2 times full turn)

- 5-6 Step/rock R to right side, recover on L
7&8 Kick R forward, step R next to L, cross L over R

Start again the dance from the beginning

