

NOW I RUN

LINEDANCE.COM

Count: 40

Wall: 4

Level: intermediate

Choreographer: Mitchell & Linda Burgess

Music: Now I Run by Shannon Noll

STEP LOCK STEP, PIVOT $\frac{1}{2}$, STEP, STEP LOCK STEP, PIVOT $\frac{1}{2}$, STEP

1&2-3&4 Step forward right, lock/step left behind right, step forward right, step forward left, pivot $\frac{1}{2}$ turn right, step forward left

5&6-7&8 Step forward right, lock/step left behind right, step forward right, step forward left, pivot $\frac{1}{2}$ turn right, step forward left

SIDE ROCK, REPLACE, CROSS, SIDE, BEHIND, SIDE, FORWARD ROCK/REPLACE, STEP BACK, STEP BACK, TOUCH UNWIND

1&2-3&4 Rock/step right to right, replace weight to left, cross/step right over left, step left to left, cross/step right behind left, step left to left

5&6&7-8 Rock/step forward right to face left 45, replace weight to left, step back right, step back slightly on left, touch right over left & unwind left to face 12:00 (weight left)

FORWARD ROCK/REPLACE, $\frac{1}{2}$ TURN STEP FORWARD, STEP PIVOT $\frac{1}{4}$, CROSS, SIDE CROSS, SIDE ROCK/REPLACE, CROSS, $\frac{1}{4}$ BACK, $\frac{1}{4}$ SIDE, SKATE, SKATE, SKATE

1&2-3&4&5 Rock/step forward right, replace weight to left, turn $\frac{1}{2}$ right & step forward right, step forward left, pivot $\frac{1}{4}$ right (weight right), cross/step left over right, step right to right, cross/step left over right

6-7-8&1 Rock/step right to right, replace weight to left, cross/step right over left, turn $\frac{1}{4}$ right & step back left, turn $\frac{1}{4}$ right & step right to right

2-3-4 Skate forward left, right, left

Restart from here on wall 1

FORWARD ROCK/REPLACE, STEP BACK, LEFT COASTER CROSS

5&6-7&8 Rock/step forward right, replace weight to left, step back right, step back left, step right beside left, cross/step left over right

Restart from here on wall 6

SIDE ROCK/REPLACE, CROSS, ¼ BACK, ¼ SIDE, CROSS, SIDE ROCK/REPLACE, CROSS ¼ BACK, ¼ SIDE, CROSS

1&2-3&4 Rock/step right to right, replace weight to left, cross/step right over left, turn ¼ right & step back left, turn ¼ right & step right to right, cross/step left over right

5&6-7&8 Rock/step right to right, replace weight to left, cross/step right over left, turn ¼ right & step back left, turn ¼ right & step right to right, cross/step left over right

REPEAT

TAG

End of wall 3 (facing 9:00)

1&2-3&4 Rock/step forward right, replace weight to left, step back right, shuffle back left, right, left

5-6&7-8 Touch right toe back, pivot ½ turn right (keeping weight back on left), step back right, touch left back, pivot ½ turn left (weight to left)

1&2-3&4 Step forward right, step left beside right, step back right (forward coaster), step back left, step right beside left, step forward left. (coaster)

Restart

On wall 1 after count 28, restart facing 3:00

On wall 6 after count 32, restart facing 6:00