

MY HEROES HAVE ALWAYS BEEN COWBOYS

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Count: — **Wall:** 4 **Level:** intermediate/advanced waltz

Choreographer: John Wilson

Music: My Heroes Have Always Been Cowboys by Willie Nelson

Sequence: AAAA, BB, TAG 1, AAAA, BB, TAG 2

PART A

RIGHT TWINKLE, LEFT TWINKLE. STEP ½ TURN STEP TWICE

- 1-3** Cross right foot over left, step left to side, step right together
- 4-6** Cross left foot over right, step right to side, step left together
- 7-9** Step forward on right, step forward on left pivot ½ turn right, step forward on right
- 10-12** Step forward on left, step forward on right pivot ½ turn left, step forward on left

STEP LOCK STEP TWICE, STEP ¼ TURN, PIVOT ½ TURN, STEP, PIVOT ½ TURN SLIDE, HOLD

- 1-3** Step diagonally to right with right foot, lock left behind right, step right diagonally to right
- 4-6** Step left foot diagonally to left, lock right behind, step left diagonally to left
- 7-9** Step right foot ¼ turn right, step forward on left pivot ½ turn right, step forward on right
- 10-12** Step forward on left foot pivot ½ turn right, slide right beside left, hold

PART B:

STEP SLIDE HOLD X 4

- 1-3** Step out long diagonally on right foot making ¼ turn right, slide left beside right, hold (facing 3:00)
- 4-6** Step back diagonally on left making ¼ turn right, slide right beside left, hold. (facing 6:00)
- 7-9** Step out long diagonally on right foot making ¼ turn right, slide left beside right, hold (facing 9:00)
- 10-12** Step back diagonally on left making ¼ turn right, slide right beside left, hold (facing 12:00)

TWINKLE STEP TWICE, CROSS STEP 1 ½ TURN, STEP SLIDE, HOLD

- 1-3** Cross right foot over left, step left to the side, step right together
- 4-6** Cross left foot over right, step right to the side, step left together
- 7-9** Cross right over left, step left beside right making $\frac{1}{4}$ turn right, step right foot $\frac{1}{4}$ turn right to right side
- 10-12** Step left to left side, slide right beside left, hold

TAG 1

CROSSING TWINKLE TWICE

- 1-3** Cross right over left, step left to the side, step right together
- 4-6** Cross left over right, step right to the side, step left together

TAG 2

TWINKLE STEP TWICE, CROSS STEP $\frac{1}{2}$ TURN, STEP SLIDE, HOLD

- 1-3** Cross right foot over left, step left to the side, step right together
- 4-6** Cross left foot over right, step right to the side, step left together
- 7-9** Cross right over left, step left beside right making $\frac{1}{4}$ turn right, step right foot $\frac{1}{4}$ turn right to right side
- 10-12** Step left to left side, slide right beside left, hold

BACK, BACK, CURTSY

- 1-3** Step back on right, slide left beside right, hold
- 4-6** Step back on left, slide right beside left, hold
- 7** Put right toe behind left foot, bend knees and slowly curtsy to end dance