

AUTOMATIC

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Count: 48

Wall: 4

Level: intermediate

Choreographer: Neville Fitzgerald

Music: Automatic by Sarah Whatmore

WALK WALK, HIP BUMPS, KICK & POINT & HEEL HITCH TOUCH

- 1-2** Walk forward right, left
- 3&4** Touch right toe slightly forward as you bump hips right-left-right
- 5&6&** Kick right forward, step right next to left, touch left toe to left side, step left next to right
- 7&8** Touch right heel diagonally forward right, hitch right knee, touch right heel diagonally forward right

& CROSS, SIDE, BACK, SPLIT HEELS, COASTER STEP, STEP ¼ TURN CROSS

- &1-2** Step right next to left, cross step left over right, step right to right side
- 3&4** Step back on left, with weight on toes split heels, bring heels back to center
- 5&6** Step back on right, step left next to right, step forward on right
- 7&8** Step forward on left, step on right making ¼ turn right, cross step left over right

¾ MONTEREY, KICK & CROSS, ROCK ¼ TURN, FULL TRIPLE TURN FORWARD

- 1-2** Touch right to right side, turn ¾ to right stepping right next to left
- 3&4** Kick left forward diagonally left, step left next to right, cross step right over left
- 5-6** Rock left to left side, make ¼ turn right stepping forward right
- 7&8** Make ½ turn right stepping back on left, make ½ turn right stepping forward right, step forward on left (7&8 travel forward; alt' left shuffle)

MAMBO STEP, SAILOR ¼ TURN, BEHIND & CROSS, SIDE STEP, TOUCH

- 1&2** Rock forward on right, recover on left, step right next to left
- 3&4** Step left behind right, make ¼ turn to left stepping right to side, step left next to right
- 5&6** Step right behind left, step left to left side, cross step right over left
- 7-8** Big step to left on left, slide right to touch next to left

TOE SWITCHES, STEP SLIDE & CROSS ROCK, ROLL RIGHT

- 1&2** Touch right toe to right side, step right next to left, touch left toe to side

- &3-4** Step left next to right, take big step to right on right, slide left to touch by right
- &5-6** Step left next to right, cross rock right over left, recover on left
- 7&8** Turn $\frac{1}{4}$ right stepping forward right, $\frac{1}{2}$ right stepping back on left, $\frac{1}{4}$ right stepping right to right side

7&8 is a quick roll to right side. Alternative is right chasse

CROSS ROCK SIDE, CROSS & HEEL & CROSS UNWIND $\frac{3}{4}$, COASTER STEP & STEP

- 1&2** Cross rock left over right, recover on right, step left to left side
- 3&4** Cross step right over left, step back on left, touch right heel forward diagonal right
- &5-6** Step right to right side, cross left over right, unwind $\frac{3}{4}$ turn right (weight on left)
- 7&8&** Step back on right, step left next to right, step forward on right, step forward on left

REPEAT