

Down On Your Uppers

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Count: 32

Wall: 4

Level: Improver

Choreographer: Carrie Ann Green (Almeria, Spain) 1st October 2017

Music: Down On Your Uppers - Derek Ryan - Album: The Fire - iTunes

Intro: 8 Counts - Restart - wall 4

SECTION 1: POINT OUT, IN, OUT, BEHIND, SIDE, CROSS. POINT OUT, IN, OUT, SAILOR $\frac{1}{4}$

- 1&2** Point right toe to right side, touch right toe beside left foot, point right toe to right side
- 3&4** Step right foot behind left foot, step left foot left side, cross right foot over left
- 5&6** Point left toe to left side, touch left toe beside right foot, point left toe to left side
- 7&8** Cross Left behind Right turning $\frac{1}{4}$ Left. Step Right beside Left. Step forward on Left (9:00)

SECTION 2: RIGHT LOCK RIGHT, MAMBO FORWARD, COASTER STEP, ROCK RECOVER $\frac{1}{2}$ LEFT

- 1&2** Step right forward, lock left behind right (optional dip knees), Step right forward
- 3&4** Rock left forward, recover to right, Step left back
- 5&6** Step right back, step left together, Step right forward
- 7&8** Rock left forward, recover right, $\frac{1}{2}$ turn left stepping left forward (3.00)

RESTART HERE ON WALL 4 - FACING 12:00

SECTION 3: MODIFIED RUMBA BOX x 2, $\frac{1}{4}$ RIGHT HITCH

- 1&2&** Step right to right side, step left next to right, Step forward on right, touch left next to right
- 3&** Step left to left side, touch right next to left (optional finger clicks on touch)
- 4&** Step right to right side, touch left next to right (optional finger clicks on touch)
- 5&6&** Step left to left side, step right next to left, Step back on left, touch right next to left
- 7&** Step right to right side, touch left next to right (optional clicks on touch)
- 8&** Step left to left side, hitch right knee making $\frac{1}{4}$ turn right (optional clicks on hitch) (6:00)

SECTION 4: SHUFFLE FORWARD, STEP TURN $\frac{3}{4}$ STEP, TOE STRUT X 2, KICKBALL STEP

- 1&2** Shuffle forward Right, stepping Right,Left,Right
- 3&4** Step Forward on left, pivot $\frac{3}{4}$ turn right, step forward left (3.00)
- 5&** Step forward on Right Toe, Lower Right Heel

6& Step forward on Left Toe, lower Left heel

7&8 Kick Right forward, step on ball of right next to left, step left forward taking weight

***1 Restart: on Wall 4 - dance sections 1 & 2 then restart the dance facing 12:00**

Ending: you will finish on section 4 on the kickball Step facing 6:00 - pivot ½ turn left to face the front

Contact: dizzyc71@hotmail.com

Last Update - 9th Oct. 2017