

MR. HEARTACHE

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Count: 56

Wall: 4

Level: intermediate

Choreographer: Heidi Leigep-Brown

Music: Hello Mr. Heartache by The Dixie Chicks

RIGHT KICK, BALL STEP, STEP RIGHT FORWARD, TOUCH LEFT, LEFT KICK, BALL STEP, LEFT KICK, BALL STEP

1&2-3-4 Kick right forward, step right next to left, step left forward, step right forward, touch left next to right

5&6-7&8 Kick left forward, step left next to right, step right forward, kick left forward, step left next to right, step right forward

ROCK LEFT FORWARD, ROCK BACK RIGHT, ½ TURN LEFT, ¼ TURN LEFT STEP LEFT BEHIND, RIGHT SIDE SHUFFLE, SCUFF LEFT

9-10-11-12 Rock forward on left, rock back on right, turning ½ left step forward on left, turning ¼ left step, right next to left

13-14&15-16 Step left behind right, right shuffle to right (right, left, right), scuff left next to right

LEFT HEEL STRUT, ¼ TURN RIGHT, HOLD, SWAY HIPS & SHOULDERS RIGHT, LEFT, RIGHT, LEFT

17-18-19-20 Touch left heel forward, slap left toe down, pivot ¼ right, hold

21-22-23-24 Sway hips & shoulders right, left, right, left

RIGHT KICK, BALL CROSS, STEP RIGHT SIDE, STEP LEFT BEHIND, TOUCH RIGHT TOE TO INSTEP, TURN ¼ RIGHT TOUCHING RIGHT HEEL FORWARD, RIGHT SHUFFLE BACK

25-26-27-28 Kick right forward diagonally right, step back slightly on right, step left across right, step right to right, step left behind right

29-30-31&32 Touch right toe to left instep, turn ¼ right touching right heel forward, right shuffle back (right, left, right) (weight on right)

LEFT ROCK TO SIDE, RECOVER, TOUCH LEFT BEHIND, UNWIND ¾ LEFT, RIGHT HEEL STRUT, LEFT HEEL STRUT

33-34-35-36 Rock left to left, rock onto right, touch left behind right, unwind ¾ left (weight on left)

37-38-39-40 Touch right heel forward, slap right toe down, touch left heel forward, slap left toe down

**TURN ½ RIGHT, RIGHT TOE STRUT BACK, LEFT TOE STRUT BACK, ROCK RIGHT,
RECOVER, TOUCH RIGHT BEHIND, UNWIND ¾ RIGHT**

41-42-43-44 Turn ½ right and touch right toe back, slap right heel down, touch left toe back, slap left heel down

45-46-47-48 Rock right to right, rock onto left, touch right behind left, unwind ¾ right

& HEEL, HOOK, HEEL, LEFT SHUFFLE BACK, & HEEL, HOOK, HEEL, LEFT COASTER

&49&50-51&52 Jump back on right (&), touch left heel forward, hook left foot across right knee (&), touch left heel forward, left shuffle back (left, right, left)

&53&54-55&56 Jump back on right (&), touch left heel forward, hook left foot across right knee (&), step left back, step right together, step left forward (left coaster)

REPEAT