

# Canadian Man

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**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Gerard Murphy , Halifax, Nova Scotia, Canada (March 2015)

**Music:** Canadian Man (Bonus Track) by Paul Brandt (CD: Small Towns & Big Dreams) [iTunes. - 3:19 mins]

## Start on lyrics (after 16 counts) - (No Tags OR Restarts!)

### Kick Step Step, Rock Recover, Triple $\frac{1}{2}$ , Pivot $\frac{1}{2}$

- 1&2      Kick right forward, step right forward, step left forward
- 3, 4      Rock right forward, recover onto left
- 5&6      Triple  $\frac{1}{2}$  turn right: right, left, right [6 o'clock]
- 7, 8      Step left forward, pivot  $\frac{1}{2}$  turn right keeping weight on left [12 o'clock]

### Hook Hook, And Step Cross, Back Side, Triple

- 1, 2      Hook step right behind left, hook step left behind right
- &3, 4      Rock on ball of right to right, recover onto left, cross step right over left
- 5, 6      Step left slightly back, step right to right
- 7&8      Cross triple right: left, right, left

### Step $\frac{1}{4}$ Touch, Step $\frac{1}{4}$ Step, Behind And Cross, Rock Recover Cross

- 1, 2      Step right to right making  $\frac{1}{4}$  left, touch left toes forward with left knee bent [9 o'clock]
- 3, 4      Step left forward, step right forward making  $\frac{1}{4}$  turn left [6 o'clock]
- 5&6      Cross step left behind right, step right to right, cross step left in front of right
- 7&8      Rock right to right, recover onto left, cross step right in front of left

### $\frac{1}{4}$ Turn, $\frac{1}{4}$ Turn, Rock Recover, Triple $\frac{1}{4}$ , Pivot $\frac{1}{2}$

- 1, 2      Step left to left making a  $\frac{1}{4}$  turn right, step back on right making a  $\frac{1}{4}$  turn right [12 o'clock]
- 3, 4      Cross rock left in front of right, recover onto right
- 5&6      Step left to left, step right next to left, step left to left making  $\frac{1}{4}$  turn left [9 o'clock]
- 7, 8      Step right forward, pivot  $\frac{1}{2}$  turn left onto left [3 o'clock]

### Start over!

**Ending Note: Final rotation dance starts at 3 o'clock,**

**Dance the pattern to Section 3 counts 1 and 2 only so that you end facing 12 o'clock with: Step right to right making  $\frac{1}{4}$  left, touch left toes with left knee bent.**

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