

CAUGHT IN THE ACT

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Ann Wood

Music: Who's Been Sleeping In My Bed by Glenn Frey

RIGHT KICK BALL CROSS TWICE, ROCK, ROCK SAILOR STEP

- 1&2** Kick right diagonally forward, step right together, cross left over right
- 3&4** Repeat counts 1&2
- 5-6** Rock right to side, recover onto left
- 7&8** Cross right behind left, step left together, step right together

LEFT KICK BALL CROSS TWICE, ROCK, ROCK SAILOR TURN $\frac{1}{4}$

- 9&10** Kick left diagonally forward, step left together, cross right over left
- 11&12** Repeat counts 9&10
- 13-14** Rock left to side, recover onto right
- 15&16** Cross left behind right, turn $\frac{1}{4}$ left (weight to right), step left forward

ROCK, ROCK, RIGHT COASTER STEP, ROCK, ROCK TRIPLE TURN $\frac{1}{2}$ TO LEFT

- 17-18** Rock right forward, recover to left
- 19&20** Step right back, step left together, step right forward
- 21-22** Rock left forward, recover to right
- 23&24** Shuffle back turning $\frac{1}{2}$ left and step left, right, left (3:00)

SYNCOPATED FORWARD ROCK STEPS, BACK LEFT SHUFFLE, ROCK STEP

- 25-26** Rock right forward, recover to left
- &27-28** Step right together, rock left forward, recover to right
- 29&30** Shuffle back stepping left, right, left
- 31-32** Rock right back, recover to left

RIGHT AND LEFT TOUCH HOLDS, RIGHT & LEFT HEEL SWITCHES, STEP FORWARD, $\frac{1}{4}$ PIVOT TURN LEFT

- 33-34** Touch right to side, hold
- &35-36** Step right together, touch left to side, hold

&37&38 Step left together, touch right heel forward, step right together, touch left heel forward

&39-40 Step left together, step right forward, turn $\frac{1}{4}$ left (weight to left, 12:00)

CROSS SHUFFLE, HINGE TURN TO RIGHT, CROSS ROCK, SIDE SHUFFLE

41&42 Cross right over left, step left to side, cross right over left

43-44 Turn $\frac{1}{4}$ right and step left back, turn $\frac{1}{4}$ right and step right together

45-46 Cross/rock left over right, recover onto right

47&48 Shuffle to side stepping left, right, left

CROSS TOUCH, SLOW HEEL JACKS

49-50& Cross right over left, touch left toe behind right, drop left heel

51-52 Touch right heel diagonally forward, hold

&53-54 Step right together, cross left over right, hold

&55-56 Step right together, touch left heel diagonally forward, hold

CROSS, TURN $\frac{1}{4}$ RIGHT, COASTER STEP, WALK, WALK, SHUFFLE

&57-58 Step left together, cross right over left, turn $\frac{1}{4}$ right and step left back

59&60 Step right back, step left together, step right forward

61-62 Step left forward, step right forward

63&64 Shuffle forward left, right, left

Alternative steps for 61-62: full turn left

REPEAT