

# Morning Train (9 to 5)

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**Count:** 32      **Wall:** 2      **Level:** Beginner

**Choreographer:** Kitty Russell - July 2018

**Music:** Morning Train (9 to 5) by Sheena Easton

## or, An American Dream by Nitty Gritty Dirt Band

### Right lead

#### DIAGONAL LOCK STEPS FORWARD, TOUCH X 2

- 1-4**      Step right diagonally forward, lock left behind right, step right diagonally forward, touch left next to right
- 5-8**      Step left diagonally forward, lock right behind left, step left diagonally forward, touch right next to left

#### WALK BACK 3, HITCH X 2

- 1-4**      Step right back, left back, right back, hitch left knee up with a little kick
- 5-8**      Step left back, right back, left back, hitch right knee up with a little kick

#### RIGHT VINE, HITCH, LEFT VINE, HITCH

- 1-4**      Step right to right side, step left behind right, step right to right side, hitch left knee up
- 5-8**      Step left to left side, step right behind left, step left to left side, hitch right knee up

#### ROCKING CHAIR WITH 1/4 LEFT TURN X 2

- 1-4**      Rock forward on right, step left in place, rock back on right while making  $\frac{1}{4}$  left turn, step left in place
- 5-8**      Rock forward on right, step left in place, rock back on right while making  $\frac{1}{4}$  left turn, step left in place

### Begin again