

# Kick It Up

LINEDANCE.COM

**Count:** 36

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Lisa Bodnar - May 2015

**Music:** "Kick the Dust Up" / Luke Bryan

**Start: Intro is 32 counts -start on lyrics (Last count of dance will end on the last beat of the song.)**

## **S1. TOE OUT, IN, KNEE UP AND DOWNS, STOMP OUTS, WALK TOES IN**

**1&2&** Right toe touch out to right (1), touch to home (next to left) (&), bring (right) knee up (2), right foot touches down to home (&).

**3&4&(Repeat with Left) Left toe touches out to left (3), touch to home (&), left knee comes up (4), left foot touches down to home (&).**

**5-6** Stomp right foot out to right (5), stomp left foot out to left (6) (a little wider than shoulder stance).

**7&8** Swivel toes in to pigeon toe (7), swivel heels in together (&) (toes will now be pointing slightly outward), swivel toes in (to straighten feet) at home.

## **S2. SAILOR SHUFFLES, STOMP, HITCH w/ A ¼ TURN, SHUFFLE STEP**

**1&2** Sailor shuffle right (cross right behind-ball-change).

**3&4** Sailor shuffle left (cross left behind - ball - change).

**5-6** Stomp right foot at home (next to left) (5), bring right knee up to hitch while you are making a ¼ turn to right (6) (will be facing right wall in regards to start position).

**7&8** Shuffle forward R-L-R.

## **S3. SCUFF/KICK w/ A ½ TURN, SHUFFLE STEP, HEEL, HEEL, HEEL SWIVELS w/ ¼ TURN**

**1-2** Scuff/kick w/ a hitch left leg while making a ½ turn to your left (use the momentum of the scuff/kick to assist in the turn (will now be facing the left wall in regards to start position).

**3&4** Shuffle forward L-R-L

**5-6** Right heel out (5), left heel out (6)

**7&8** Swivel both heels (on toes- swivel heels left, right, left) while making ¼ turn to right using the swivel motion (will end up back to facing front).

## **S4. PADDLE TURN ½ TURN, STEP SLIDES BACK**

- 1-4** Paddle turn with right leg to make a ½ turn to left. (Paddle turn – step right toe out to right, bring knee up as you make an 1/8 of a turn to left, repeat 3 more times) (will end up facing back wall in regards to start position).
- 5-6** Step diagonally back and to right with your right (5) and slide left foot to meet right (6).
- 7-8** Step diagonally back and to your left with your left foot (7) and slide right foot to meet left (8).

### **S5. STEP/STOMP-TOUCHES DOUBLE TIME**

**1&2&3&4&** Stomp right foot slightly diagonally forward and right (1), stomp left foot next to right (&), step left foot slightly diagonally forward and left (2), stomp right foot next to left (&), stomp right foot slightly diagonally forward and right (3), stomp left foot next to right (&), stomp left foot slightly diagonally forward and left (4), bring right foot in touch next to left (&) (\*You will be traveling back to your home spot that you were at when you moved from the step slides back. Staying a little more in your heels with the stomps will make traveling easier. It's quick.)

### **BEGIN AGAIN!**

**Contact: [Labodnar12@gmail.com](mailto:Labodnar12@gmail.com) or [www.facebook.com/crewcountry](http://www.facebook.com/crewcountry).**