

# CONTAGIOUS

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**Count:** 64

**Wall:** 4

**Level:** intermediate/advanced

**Choreographer:** Tina Argyle

**Music:** Smells Like Teen Spirit by Paul Anka

## **MONTEREY ½ TURN, TOUCH, LEFT MONTEREY ¾ TURN, TOUCH FORWARD**

- 1-2** Point right to right side, ½ turn right stepping right at side of left
- 3-4** Point left to left side, touch left at side of right
- 5-6** Point left to left side, ¾ turn left stepping left at side of right
- 7-8** Point right to right side, tap right toe forward

## **BALL CHANGE, BRUSH, BRUSH, TAP ACROSS, RIGHT SHUFFLE FORWARD, STEP ¾ PIVOT TURN, STEP**

- &9-10** Step right at side of left, step forward, left, brush right foot forward
- 11-12** Brush right across left, tap right toe across left, (on out side of left foot,)
- 13&14** Step forward, right, close left at side of right, step forward, right
- 15** Step forward, left

**16&¾ pivot turn right onto right, step left at side of right, (\* re-start here 3rd wall)**

## **STEP FORWARD, RIGHT, BRUSH, BRUSH, TAP ACROSS, LEFT SHUFFLE FORWARD, STEP ¾ TURN**

- 17-18** Step forward, right, brush left foot forward
- 19-20** Brush left across right, tap left toe across right, (on outside of right foot)
- 21&22** Step forward, left, close right at side of left, step forward, left
- 23-24** Step forward, right, ¾ pivot turn left onto left

## **BALL CROSS, SIDE, BEHIND, SIDE ROCK RIGHT, RECOVER, BEHIND, BALL CROSS, LONG STEP LEFT**

- &25-26** Step right to right side, cross left over right, step right to right side
- 27-28** Cross left behind right, rock right to right side
- 29-30** Recover weight onto left, cross right behind left
- &31-32** Step left to left side, cross right over left, take long left step to left side

**Restart here 5th wall**

**RIGHT ROCK BACK, RECOVER, SIDE STEP, LEFT ROCK BACK, RECOVER, SIDE STEP, BEHIND, ¼ TURN LEFT**

- 33-34 Rock right behind left, recover weight onto left
- 35-36 Step right to right side, rock left behind right
- 37-38 Recover weight onto right, step left to left side
- 39-40 Cross right behind left, make ¼ turn left stepping forward, left

**ROCK FORWARD, RECOVER, 1 ½ TURN RIGHT, STEP FORWARD LEFT, LUNGE TO RIGHT DIAGONAL**

- 41-42 Rock forward onto right, recover weight onto left
- 43-44 ½ turn right stepping forward onto right, ½ turn right stepping back left**
- 45-46 ½ turn right stepping forward, right, step forward, left**
- 47-48 Lunge right to right diagonal, recover weight onto left

**ROCK BACK, RECOVER, DIAGONAL LUNGE, BEHIND, ¼ TURN LEFT, ¾ UNWIND LEFT**

- 49-50 Rock back right, recover weight onto left
- 51-52 Lunge right to right diagonal, recover weight onto left
- 53-54 Cross right behind left, ¼ turn left stepping forward, left
- 55-56 Cross right over left, ¾ unwind turning left finishing with weight on left

**SIDE, BEHIND, ¼ TURN RIGHT, ¾ UNWIND RIGHT, SIDE, BEHIND ¼ TURN LEFT**

- 57-58 Step right to right side, cross left behind right
- 59-60 ¼ turn right stepping forward, right, cross left over right**
- 61-62 ¾ unwind turning right finishing with weight on right, step left to left side**
- 63-64 Cross right behind left, make ¼ turn left stepping forward, onto left

**REPEAT**

**RESTART**

**On wall 3, dance (16&) then start from the beginning of dance**

**On wall 5, dance (&31) then step forward left instead of long step to left side. Start from beginning of dance**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=59883](https://www.linedance.com/index.php?f=dance_view&id=59883)