

# Good Ol Fashioned Rumba

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**Count:** 32      **Wall:** 4      **Level:** Beginner rumba

**Choreographer:** Helen Woods

**Music:** Good Ol Fashioned Love by The Overtones [CD: Good Ol' Fashioned Love]

**Music Available at:-** <http://www.theovertones.tv>

**32 count intro - Rhythm is QQS throughout**

## **RUMBA BOX**

**1-4**      Step right to side, step left together, step right back, hold

**5-8**      Step left to side, step right together, step left forward, hold

## **CHASSE RIGHT, HOLD, CROSS ROCK, RECOVER, TURN ¼, HOLD**

**1-4**      Step right to side, step left together, step right to side, hold

**5-8**      Cross left over right, recover to right, turn ¼ left stepping left forward

## **STEP, PIVOT, CROSS, HOLD, SCISSOR, HOLD**

**1-4**      Step right forward, pivot ¼ left, cross right over left, hold

**5-8**      Step left to side, step right together, cross left over right, hold

## **WALK AROUND, HOLD, SWAY, SWAY, SWAY, HOLD**

**1-4**      Turn ¼ right stepping right forward, turn ¼ right stepping left forward, turn ¼ right stepping right forward, hold

**5-8**      Step left to side swaying hips left, right, left, hold

## **REPEAT**