

Mr Postman

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Agus Harianto (March 2018)

Music: Mr Postman by The Carpenters

Intro 16 counts - No Tag, No Restart

Section 1: CHASSE RIGH - ROCK BACK - CHASSE LEFT - ROCK BACK

- 1&2 Step RF to R, Close LF to RF. Step RF to R
- 3-4 Rock back on LF, recover RF
- 5&6 Step LF to L, close RF step LF step LF to L
- 7-8 Rock back on RF, recover on to LF

Section 2: TOE STRUTS - STEP PIVOT ¼ LEFT, CROSS SHUFFLE

- 1-2 Touch RF to forward, drop R heel putting weigh on R.
- 3-4 Touch LF to forward, drop L heel putting weigh on L
- 5-6 Step forward RF, turn 1/4 L weight on LF
- 7&8 Step cross RF over LF, step LF to L side, step cross RF over LF (09.00)

Section 3: SIDE ROCK - BEHIND SIDE CROSS, PADDLE 1/8 2X

- 1-2 Step LF to L, recover on to RF
- 3&4 Step LF behind RF, step RF to R, step LF cross over RF
- 5-6 Step RF to R, turn 1/8 R weigh on L
- 7-8 Step RF to R, turn 1/8 R weigh on L (06.00)

Section 4: JAZZ BOX ¼ RIGH, HIP SWAY

- 1-2 Step RF cross over LF, turn ¼ R step LF back (09.00)
- 3-4 Step RF to R, step LF cross over RF
- 5-6 Sway to R - L
- 7-8 Sway to R - L

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