

HOLDIN ON FOR YOU

LINEDANCE.COM

Count: 32

Wall: 1

Level: intermediate

Choreographer: Glynn Holt & Sue White

Music: Holding On For You by Liberty X

LEFT HEEL JACK, RIGHT HEEL JACK, LEFT KICK BALL TOUCH, RIGHT KICK BALL TOUCH

- 1&2** Cross left heel over right foot, step back on right foot, dig left heel slightly forward
- 3&4** Cross right heel over left foot, step back on left foot, dig right heel slightly forward
- 5&6** Kick left foot forward, bring left in place next to right stepping right out to right side
- 7&8** Kick right foot forward, bring right in place next to left stepping left out to left side

LEFT SHUFFLE FORWARD, CROSS UNWIND ½ TURN, LEFT SAILOR STEP, CROSS STEP BEHIND MAKING ½ TURN

- 1&2** Shuffle forward on left right left,
- 3&4** Cross right foot over left foot, unwind ½ turn over left shoulder
- 5&6** Step left foot behind right, right foot to right side, left foot in place
- 7-8** Cross right foot behind left making ½ turn right

LEFT CHASSE, SAILOR STEP ¼ TURN RIGHT, ROCK FORWARD, BACK, LEFT COASTER STEP

- 1&2** Side shuffle to the left on left, right, left
- 3&4** Step right foot behind right, make ¼ turn right stepping right foot forward
- 5-6** Rock forward on left foot, recover weight onto right foot
- 7&8** Step left foot back, right foot in place and left foot forward

ROCK FORWARD, RECOVER, TRIPLE ¾ TURN, LEFT ROCK & CROSS, RIGHT ROCK & CROSS

- 1-2** Rock forward on right foot, recover weight onto left foot
- 3&4** Triple ¾ turn left, stepping left, right, left
- 5&6** Rock left to left side, weight on to right foot, and cross left over right
- 7&8** Rock right to right side, weight onto left foot, and cross right over left

REPEAT

RESTART

**During the dance you will need to restart the during the 4th wall just after the triple $\frac{3}{4}$ turn.
Just start the dance again.**

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=51890