

Lindsey's Shadows

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Count: 58 **Wall:** 4 **Level:** Phrased Improver +

Choreographer: Angéline (Angel'Line) (April 2013 - FR)

Music: Shadows by Lindsey Sterling

Partie A : 32 count - Partie B : 26 count - Restart : 4

Start : 8 count

Seq: A-B-A (16 count) Restart-B-A (16 count) Restart A-B-A (16 count) Restart-B-A-A-A (8 count) Restart - B

Partie A

[1-8] Chassé R, Stomp, Chassé L, Stomp*

1&2RF to the R side, LF next to RF, RF to the R side

3-4 Stomp LF next to RF, Stomp RF next to LF

5&6LF to the L side, RF next to LF, LF to the L side

7-8 Stomp RF next to LF, Stomp LF next to RF

[9-16] Rock-step, Chassé R, Rock-step, Chassé L*

1-2RF over LF , recover to LF next to RF

3&4RF to the R side, LF next to RF, RF to the R side

5-6LF over RF, recover to RF

7-8LF to the L side, RF next to LF, LF to the L side

[17-24] Step, Drag, Step, Drag

1-2RF on a little diagonal R, Drag LF

3-4 Drag LF, touch LF next to RF

5-6LF on a little diagonal L, Drag RF

7-8 Drag RF, touch RF next to LF

[25-32] Out, Ball cross, Rock step, coaster step, step, touch

1&2RF to the R side, LF to the L side, RF over LF, LF over RF

3&4RF FW, recover to LF

5&6RF back, LF next to RF, RF FW

7-8LF FW, Touch RF next to LF

Partie B

[1-8] Step, Swivel, Flick, Step, Swivel, Flick, Apple Jack

1&2RF to the R side, Swivel both heel to R, Swivel both toes to R

&3&4 Flick LF behind RF Swivel both heel to L, Swivel both toes to L

&5&6 Flick RF behind LF, RF to the R side, Swivel back heel to R side

7&8 Return to the center , Swivel right toe and left heel to the right, return to the center

[9-16] Triple-step R, Triple-step L, Triple-step Back

1&2RF FW, LF next to RF, RF FW

3&4LF FW, RF next to LF, LF FW

5&6RF back, LF next to RF, RF back

7&8LF back, RF back, RF next to LF, LF back

[17-24] Coaster-step Touch, Out, Out, In, In, Out, Out, Ball Cross

1&2&RF back, LF next to RF, RF FW, LF FW

3&4& Touch RF next to LF, RF out, LF out, hold

5&6&RF in, LF in, hold

&7&8RF out, LF out, RF behind LF, LF over RF

[25-26] Step, Sweep

1-2& Step $\frac{1}{4}$ R with RF FW, Sweep L $\frac{1}{4}$ R from front, LF next to RF

NOTA : (RF = Right foot ; LF = Left Foot ; FW = Forward *= Restart) Smile and enjoy the dance Contact :

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=124395