

My Heart Is Lost To You

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Count: 32 **Wall:** 2 **Level:** Easy Intermediate

Choreographer: Bill Larson - August 2016

Music: "My Heart is Lost To You" by Ronnie Dunn. CD: Great Hits Collection - 2.59min (126 BPM)

Weight on Right, Start 32 counts in on vocals (18 seconds) V2 28.8.16 - Turning CCW

S1. Step Turn/ Kick, Coaster Step, Side Recover Cross Shuffle

- 1,2 Step forward on L, turning 1/2 R Kick R forward (6:00)
- 3&4 Step back on R, Step L beside R, Step R forward
- 5,6 Step L to side, Recover weight onto R
- 7&8 Cross shuffle to right: Stepping L, R, L

S2. 1/4 L, 1/4 L, Cross Shuffle, Side Recover Sailor Step

1,2turning 1/4 L Step back on R (3:00), turning 1/4 L Step L to side (12:00)

- 3&4 Cross shuffle to left: Stepping R, L, R

***** Restart here on Walls 4 & 8 (12 counts)**

- 5,6 Step L to Side, Recover weight onto R
- 7,8 Step L behind R, Step R to side, Recover weight back onto L

S3. Forward Recover Coaster Step, Forward Recover, Roll Back Full Turn

- 1,2 Step forward onto R, Recover weight back onto L
- 3&4 Step back on R, Step L beside R, Step R forward
- 5,6 Step forward onto L, Recover weight back onto R

7&8turning 1/2 L Step forward on L (6:00), turning 1/2 L Step back on R (12:00)

S4. Step Back Recover, Shuffle Forward, Turning Shuffle, Back Recover

- 1,2 Step back on L, Recover weight onto R
- 3&4 Shuffle forward: Stepping L, R, L
- 5,6turning 1/2 L Shuffle back: Stepping R, L, R (6:00)**
- 7,8 Step back on L, Recover weight onto R

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=113163