

HEART BEAT

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Count: 32 **Wall:** 2 **Level:** —

Choreographer: Jim Ray & Tina Ray

Music: Put Your Heart Into It by Sherrié Austin

BACKWARD TOE STEPS

- 1 Step back and tap right toe
- 2 Step down on right foot
- 3 Step back and tap left toe
- 4 Step down on left foot

½ TURN RIGHT SHUFFLE, STEP, PIVOT ½

- 5&6 Turn a ½ turn to the right stepping right, left, right
- 7 Step left foot forward
- 8 Pivot a ½ turn right shoulder back

ONE FULL TURN LEFT, KICK RIGHT

- 9-11 Turn a full turn to the left stepping left, right, left traveling
- 12 Kick right foot forward

TWO SHUFFLES FORWARD

- 13&14 Shuffle forward right, left, right
- 15&16 Shuffle forward left, right, left

RIGHT GRAPEVINE WITH ½ TURN, KICK LEFT

- 17 Step right foot to the right
- 18 Step left foot behind right
- 19 Step right foot a ½ turn, right shoulder back
- 20 Kick left foot forward

LEFT GRAPEVINE WITH ½ TURN, KICK RIGHT

- 21 Step left foot to the left
- 22 Step right foot behind left

23 Step left foot a ½ turn left shoulder back

24 Kick right foot forward

STEP, PIVOT ½

25 Step right foot forward

26 Pivot a ½ turn left shoulder back

STEP RIGHT, TOGETHER, RIGHT

27 Step right foot to the right

& Step left foot to right foot together

28 Step right foot to the right

ROCK STEP BACK

29 Step back on left foot

30 Shift weight forward to right foot

SHUFFLE FORWARD

31&32 Shuffle forward, left, right, left

REPEAT