

Henry

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Count: 34 **Wall:** 4 **Level:** Beginner Polka

Choreographer: Alvaro Arienti - June 2018

Music: "Henry" by New Riders of the Purple Sage (NRPS)

(1) SHUFFLE FWD, SHUFFLE BACK, ROCK STEP, SHUFFLE SIDE

1&2step R fwd, step L beside R, step R fwd

3&4turn $\frac{1}{2}$ R & step L back, step R beside L, step L back

5-6step R back*, recover on L*

7&8turn $\frac{1}{4}$ L & step R to R*, step L beside R, step R to R

(2) SAILOR STEP x2, STEP TURN, SHUFFLE SIDE

1&2step L behind R step R to R, step L diag fwd

3&4turn $\frac{1}{4}$ R & step R behind L, step L to L, step R diag fwd

5-6step L fwd*, turn $\frac{1}{2}$ R (weight on R)*

7&8step L to L*, step R beside L, step L to L

(3) KICK, HEEL, TOE, TOE, HEEL, FLICK, HEEL, HOOK, SHUFFLE FWD

1&2&kick R over L, recover on R, touch L heel over R, recover on L

3&4&touch R toe behind L, turn $\frac{1}{4}$ R & recover on R, turn $\frac{1}{4}$ R & touch L toe behind R, recover on L

5&6&touch R heel fwd, flick R to R, touch R heel fwd, hook R over L

7&8step R fwd, step L beside R, step R fwd

(4) ROCK STEP, SHUFFLE SIDE, TOE, HEEL, CROSS, COASTER STEP

1-2step L fwd, recover on R

3&4turn $\frac{1}{4}$ L & step L to L, step R beside L, step L to L

5&6 touch R toe beside L, touch R heel beside L, cross R over L

7&8 step L back, step R beside L, step L fwd

(5) TOE TWICE

1-2 touch R toe behind left, touch R toe behind L

Repeat

*** = On chorus (3rd, 5th and 8th wall) add clap**

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