

ONE MORE TIME

LINEDANCE.COM

Count: 52

Wall: 1

Level: intermediate

Choreographer: Ursala

Music: Baby One More Time by Britney Spears

SYNCOPATED HEEL SWITCHES, ROCK FORWARD & BACK & ½ TURN RIGHT

- 1&2** Tap right heel forward, quickly replace and tap left heel forward
- &3** Quickly replace left heel and tap right heel forward
- &4** Quickly replace right heel and tap left heel forward
- &5** Quickly replace left heel and rock forward onto right foot
- 6** Rock back onto left
- 7&8** Triple turn ½ turn right stepping right, left, right

ROCKS FORWARD & BACK, ¾ TURN LEFT

- 9-10** Rock forward on left, rock back on right
- 11&12** Triple ¾ turn to left stepping left, right, left

SIDE STEPS, ROCKS BACK & FORWARD, STEP FORWARD LEFT ½ TURN RIGHT

- 13-14** Step right to right side, close left beside right
- 15&16** Step right to right side, close left beside right, step right to right side
- 17-18** Rock back on left, rock forward onto right
- 19-20** Step left forward, pivot ½ turn right

SIDE STEPS, ROCKS BACK & FORWARD, STEP FORWARD RIGHT ½ TURN LEFT

- 21-22** Step left to left side, close right beside left
- 23&24** Step left to left side, close right beside left, step left to left side
- 25-26** Rock back on right, rock forward onto left
- 27-28** Step right forward, pivot ½ turn left

ROCKS FORWARD & BACK & FORWARD, ¼ TURN LEFT

- 29&30** Rock forward onto right, rock back onto left, rock back onto right
- &31** Rock forward onto left, rock forward onto right
- &** On balls of feet swivel heels to right making ¼ turn left

32 Swivel both heels left

TRAVELING LEFT TOE AND HEEL SWIVELS

33-34 Swivel toes left, swivel heels left

35&36 Swivel left toes, heels, toes

SYNCOATED TOE & HEEL TOUCHES

37&38 Tap left toe to left side, replace next to right foot, tap right toe out to right side

39&40 Replace right next to left, tap left heel forward

41&42 Replace left next to right, tap right heel forward

KICK BALL STEP

& Replace right next to left

43&44 Kick left forward, step on ball of left foot, step right foot forward

LEFT FORWARD SHUFFLE, HIP BUMPS, KICK, CROSS UNWIND & CLAP

45&46 Left shuffle

47-48 Step right to right side bumping hips double - right, left

49-50 Kick right foot forward, cross right over left

51-52 Unwind ½ turn left, clap hands

REPEAT