

Lay Low (op P)

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Count: 32

Wall: —

Level: Beginner (Optional Partner Dance)

Choreographer: Tim Schalch (Feb 2015)

Music: Lay Low by Josh Turner

(Start on Vocals)

[1-8] R rocking Chair, R step ½ turn, R step ½ turn

1-2R rock FWD, Recover back L

3-4R rock back, recover FWD L

5-6 Step R FWD, pivot ½ turn

7-8 Step R FWD, pivot ½ turn

[9-16] R Step Lock Step Scuff, L Step Lock Step Scuff

1-2 Step FWD R, L touch behind R

3-4 Step FWD R, L scuff

5-6 Step FWD L, R touch behind L

7-8 Step FWD L, R scuff

[17-24] R shuffle, ¼ turn L side shuffle, ¼ turn R back shuffle, L back shuffle

1&2 Shuffle FWD RLR

3&4¼ turn side shuffle LRL

5&6¼ turn back shuffle RLR

7&8 Shuffle back LRL

[25-32] Back Rock Recover, Step ½ turn, Step R Hold, Step L, Hold

1-2 Step back R, recover FWD L

3-4 Step R FWD, pivot ½ turn L

5-6 Step R, HOLD (shimmy)

7-8 Step L, HOLD (shimmy)

REPEAT

OPTIONAL PARTNER DANCE - WATCH VIDEO FOR INSTRUCTION - STEPS ARE ESSENTIALLY THE SAME WITH A COUPLE OF TIPS FOR THE MEN WITH TURNS IN THE BEGINNING OF THE DANCE.

Contact - Email: TLSchalch@aol.com - www.TLSentertainmentFL.com

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=102810