

# Heart of Rock & Roll

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**Count:** 32                      **Wall:** 4                      **Level:** Easy Intermediate

**Choreographer:** Amy Christian and Jane Boyd. (March 2016)

**Music:** The Heart Of Rock and Roll by Huey Lewis And The News.

**Sequence: 32 intro, 32, Tag 1, 32, 32, Tag 2, 32, Tag 1, 32, 32, Tag 2, 32, 32, 32, Tag 1, 32... until the end.**

**KICKBALL CHANGE, KICK, KICK, R COASTER, KICK, KICK,**

**1&2R Kickball Change,**

3-4              Kick R across L, Kick R to right side,

**5&6R Coaster Step,**

7-8              Kick L across R, Kick L to left side,

**L COASTER, STEP, PIVOT ½, ¼ JAZZ BOX CROSS,**

**1&2L Coaster Step,**

3-4              Step fwd on R, Pivot ½ turn left, stepping fwd on L, [6:00]

**5-8¼ Jazz Box Cross, (Cross R over L, ¼ turn left, stepping L back, Step R to side, Cross L over R)[9:00]**

**BIG STEP SIDE, DRAG L, L COASTER, TOE STRUT, TOE STRUT,**

1-2              Big step to right side on R, Dragging L towards R,

**3&4L Coaster Step,**

**5-8R Toe Strut, L Toe Strut, (Shimmy shoulders)**

**STEP, PIVOT ¼, STEP, PIVOT ¼, ROCKING CHAIR,**

1-4              Step fwd on R, Pivot ¼ left on L [6:00], Step fwd on R, Pivot ¼ left on L, [3:00]

5-8              Rocking Chair (Rock fwd on R, Recover back on L, Rock Back on R, Recover on L),

**TAG 1 - 2 Counts - AFTER WALL 1, WALL 4 (Done facing 3:00) & AFTER WALL 9 (Done facing 9:00)**

1-2              Step R out to right side and BUMP RIGHT(1), BUMP L (Weight ends on L),

**TAG 2 - 16 Counts ("HEART BEATS") AFTER WALL 3 & WALL 6. (Begin tag facing 9:00 wall, both times).**

**STEP, HOLD, BALL, STEP, SCUFF, STEP, HOLD, BALL, STEP, SCUFF,**

**1-2** Step R fwd, Hold, [9:00]

**&3-4** Step on ball of L - next to R, Step fwd on R, Scuff L heel,

**5-6** Step L fwd, Hold,

**&7-8** Step on ball of R - next to L, Step fwd on L, Scuff R heel, start turning right, [11:00]

**1/4 STEP, HOLD, BALL, STEP, SCUFF, STEP, HOLD, BALL, STEP, TOUCH,**

**1-2¼ Turn right, Step fwd on R [12:00], Hold,**

**&3-4** Step on ball of L - next to R, Step fwd on R, Scuff L heel,

**5-6** Step L fwd, Hold,

**&7-8** Step on ball of R - next to L, Step fwd on L, TOUCH R next to L [12:00]

**Contact ~ Emails: [amyc@linefusiondance.com](mailto:amyc@linefusiondance.com) [janeboyd319@gmail.com](mailto:janeboyd319@gmail.com)**