

# Pray It Away

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**Count:** 32

**Wall:** 2

**Level:** Beginner - WCS / ECS

**Choreographer:** Jo Thompson Szymanski - 2012

**Music:** Pray It Away by Scooter Lee. CD: Sing a New Song, Dance A New Dance (122 bpm)

**Download legally: [www.iTunes.com](http://www.iTunes.com) [www.amazon.com/mp3](http://www.amazon.com/mp3) [www.cdbaby.com](http://www.cdbaby.com)**

**To purchase the CD go to: [www.scooterlee.com](http://www.scooterlee.com)**

**Intro: 32 counts**

## **[1-8] SUGAR PUSH & BACK ROCK**

1 - 2 Step R forward; Step L forward

3 - 4 Touch R slightly behind L; Step R back to right diagonal

**Option for counts 3 - 4: Small back, lock, back (R,L,R) (3&4)**

5 - 6 Touch L slightly behind R; Step L back to left diagonal

**Option for counts 5 - 6: Small back, lock, back (L,R,L) (5&6)**

7 - 8 Rock R back; Recover forward to L

## **[9-16] REPEAT [1-8]: SUGAR PUSH & BACK ROCK**

1 - 2 Step R forward; Step L forward

3 - 4 Touch R slightly behind L; Step R back to right diagonal

**Option for counts 3 - 4: Small back, lock, back (R,L,R) (3&4)**

5 - 6 Touch L slightly behind R; Step L back to left diagonal

**Option for counts 5 - 6: Small back, lock, back (L,R,L) (5&6)**

7 - 8 Rock R back; Recover forward to L

## **[17-24] STOMP, HOLD, 1/4 TURN LEFT, HOLD, STOMP, HOLD, 1/4 TURN LEFT, HOLD**

1 - 2 Stomp (or step) R forward (Arms go out palms down); Hold

3 - 4 Turn  $\frac{1}{4}$  left shift weight to L; Hold

5 - 6 Stomp (or step) R forward (Arms go out palms down); Hold

7 - 8 Turn  $\frac{1}{4}$  left shift weight to L; Hold

**Note: For a 1-wall version of this dance substitute the following instead of the  $\frac{1}{4}$  turns.**

**.1 - 2 Stomp R forward, do not shift weight to it (Arms go out palms down); Hold.**

**.3 - 4 Step R to right; Hold**

**.5 - 6 Stomp L forward, do not shift weight to it (Arms go out palms down); Hold**

**.7 - 8 Step L to left; Hold**

**Note: The above 8 count variation does not move forward.**

**[25-32] SAILOR STEP X 4 - RIGHT, LEFT, RIGHT, LEFT**

**1 & 2** Step R behind L; Step L to left; Step R in place (slightly forward)

**3 & 4** Step L behind R; Step R to right; Step L in place (slightly forward)

**5 - 8** Repeat above 4 counts.

**Easy option: Instead of the Sailor Steps do 4 triple steps in place.**

**Start again from the beginning.**