

Love-A-Holics Anonymous

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Count: 48

Wall: 4

Level: High Beginner

Choreographer: Pat Esper - Nov 2016

Music: 12 Step Program (of Love) by D. D. Alan

Dance map: 16 intro-48-48-48-48-48-16 Restart-48-48...

[1-8]: Full k-step

1-2.Step forward on the right foot at an angle. Touch the left foot next to the right

3-4.Step back at an angle on the left foot. Touch the right foot next to the left.

5-6.Step back at an angle on the right foot. Touch the left foot next to the right.

7-8.Step forward at an angle on the left foot. Touch the right foot next to the left.

[9-16]: Vine right. Touch, Vine left, Quarter turn touch

1-2.Step the right foot to the side. Step the left foot behind the right.

3-4.Step the right foot to the side. Touch the left foot next to the right. (option: scuff the left)

5-6.Step the left foot to the side. Step the right foot behind the left.

7-8.Step the left to the side. Turn a quarter turn to the left and touch the right foot next to the left.

[17-24]: Stomp, Clap, Stomp, Clap, Triple forward, Rock, Recover

1-2.Stomp the right foot forward. Clap.

3-4.Stomp the left foot forward. Clap

5&6.Step forward on the right foot, Step the left foot next to the right, Step forward on the right foot.

7-8.Rock forward on the left foot. Recover onto the right foot.

[25-32]: Half turn step, Hitch turn, Step, Hitch turn, Step, Hitch, Step, Step together

1-2.Turning a half turn to the left, Step forward on the left foot. Hitch the right knee up while turning a half turn left.

3-4.Step down (slightly back) on the right foot. Hitch the left knee up while turning a half turn to the left.

5-6.Step forward on the left foot. Hitch the right knee up with a slight scoot forward.

7-8.Step forward on the right foot. Step the left foot next to the right.

[33-40]: Ramble to the right, Clap, Ramble to the left, Clap

1-2.Turn the heels to the right. Turn the toes to the right.

3-4.Turn the heels to the right. Clap.

5-6.Turn the heels to the left. Turn the toes to the left.

7-8.Turn the heels to center. Clap.

[41-48]: Monterey quarter turn right. Monterey quarter turn right.

1-2.Touch the right toes to the side. Turn a quarter turn to the right and step the right foot next to the left.

3-4.Touch the left toes to the side. Step the left foot next to the right.

5-6.Touch the right toes to the side. Turn a quarter turn to the right and step the right foot next to the left.

7-8.Touch the left toes to the side. Step the left foot next to the right.

Start again

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