

Hurt Don't Know

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Count: 32

Wall: 2

Level: Beginner / Intermediate

Choreographer: Dee Musk (UK) Apr 09

Music: Hurt Don't Know When To Quit by Rissi Palmer (CD: 76bpm)

Intro: 16 Count Intro. Approx 13 seconds.

Side Back Rock, Side, Coaster Step, Run Run, Sway R Sway L, Together Cross.

- 1,2&** Step L to L side, cross rock R behind L, recover weight to L.
3 Step R to R side.
4&5 Step back on L, close R beside L, step forward on L.
6& Run forward R, L.
7,8 Sway R, sway L.
&1 Step R beside L, cross step L over R. (12 o'clock).

Side, Back Rock $\frac{1}{4}$ Turn L, Step, Step $\frac{3}{4}$ Turn R, Behind Side.

- 2** Step R to R side.
3&4 Cross rock L behind R, recover weight to R, make a $\frac{1}{4}$ turn L stepping L forward.
5 Step forward on R.
6&7 Step forward on L, make a $\frac{3}{4}$ turn R (weight on R), step L to L side.
8& Cross step R behind L, step L to L side. (6 o'clock).

Rock Recover, Side, Weave, Rock Recover Together Walk R, L.

- 1,2&** Cross rock R over L, recover weight to L, step R to R side.
3&4& Cross step L over R, step R to R side, cross step L behind R, step R to R side.
5,6& Cross rock L over R, recover weight to R, step L beside R.
7,8 Walk forward R, walk forward L. (6 o'clock).

Step $\frac{1}{2}$ Turn $\frac{1}{2}$ Turn L, Sailor $\frac{1}{4}$ Turn L, Rock Recover $\frac{1}{2}$ Turn R, Step $\frac{3}{4}$ Turn, Side Close.

- 1&2** Step forward on R, make a $\frac{1}{2}$ turn L (weight forward on L), make a further $\frac{1}{2}$ turn L stepping back on R.
3&4 Making a $\frac{1}{4}$ turn L cross step L behind R, step R to R side, step forward on L.

- 5&6** Rock forward on R, recover weight to L, make a $\frac{1}{2}$ turn R stepping forward on R.
- 7&** Step forward on L, make a $\frac{3}{4}$ turn R (weight on R).
- 8&** Step L to L side, close R beside L. (6 o'clock).

Relax and enjoy Dee xx

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=77592