

Polka 96

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Count: 96

Wall: 4

Level: Beginner - Easy and Fun

Choreographer: Forty Arroyo - January 2018

Music: Cowboy Sweetheart by LeAnn Rimes

**** (dedicated to my senior dancers from Webster & Liecester MA.) ****

Alt. Music: Goes great to "The Way You Make Me Feel" by Michael Jackson -

Just add a little more attitude and a lot more FUNK

(First 24 counts of this dance were borrowed from the classic line dance PICNIC POLKA choreographed by David Paden)

(1-8) RIGHT TOE/HEEL, CHA-CHA-CHA, LEFT TOE/HEEL, CHA, CHA, CHA

1,2 Touch right toe to left instep, Touch right heel to left instep

3&4 Triple in place - R, L, R

5,6 Touch left toe to right instep, Touch left heel to right instep

7&8 Triple in place - L, R, L

(9-16) SHUFFLE FORWARD AND BACK

1&2, 3&4 Shuffle forward R, L, R, Shuffle forward L, R, L

5&6, 7&8 Shuffle backward R, L, R, Shuffle backward L, R, L

(17-24)VINE RIGHT & LEFT

1-4 Step R to side, Step L behind R, Step R to side, Touch L next to R

5-8 Step L to side, Step R behind L, Step R to side, Touch R next to L

(25-40)DOUBLE HEEL TAPS (REPEAT)

1-4 Tap R heel forward, Touch R next to L, Tap R heel forward, Step R in place

5-8 Tap L heel forward, Touch L next to R, Tap L heel forward, Step L in place

9-16 Repeat steps 1 thru 8 of this section

(41-64)WALKING SEQUENCES

1-4 Walk forward - R, L, R, Touch R next to L and clap(or kick L forward & clap)

5-8 Step back - L, R, L Touch R next to L

9-16 Walking towards 11:00 (1/8 turn left) Repeat step 1-8 of this section

16-24 Walking towards 9:00 (completing ¼ left) Repeat step 1-8 of this section

(65-96)When she Yodels: TAP & VINE & STOMP and REPEAT

1-3 Lift R heel and tap 3 times in place (body angled R diagonal,

4 Stomp R next to L - weight on R

5-7 Lift L heel and tap 3 times in place,

8 Stomp L next R - weight on L

9-16 Vine R - step R to side, Step L behind R, Step R to side, Touch L next to R

17-32 Repeat steps 1-16 of this section

REPEAT