

IN THE MIDDLE

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Count: 32 **Wall:** 2 **Level:** Absolute Beginner

Choreographer: The Girls (Maureen & Michelle)

Music: 'Stuck In the Middle' by Mika (93/186 bpm) CD: Life In Cartoon Motion

ALTERNATIVE MUSIC: 'One More Broken Hearted Man' by Redfern & Crooks (92/184 bpm) CD: Line Dance Hits From The Jukebox - Vol 1

(Please note this dance is danced on the fast beat for both tracks)

Intro: Both tracks 64 counts (fast beat)

TOUCH, HITCH, STEP, HOLD, TOUCH, HITCH, STEP, HOLD

- 1-2 Touch right slightly forward, hitch right
- 3-4 Step right slightly forward, hold
- 5-6 Touch left slightly forward, hitch left
- 7-8 Step left slightly forward, hold

HEEL STRUTS, RUN, HOLD

- 9-10 Step right heel forward, drop right toes
- 11-12 Step left heel forward, drop left toes
- 13-16 Run forward stepping right, left, right, hold

MAKE ½ TURN LEFT IN HEEL STRUTS

- 17-24 Make ½ turn left in 4 heel struts stepping left, right, left, right

SIDE, CLAP, SIDE, CLAP, STOMPS, CLAP, HOLD

- 25-26 Step left to left, clap hands to left
- 27-28 Step right to right, clap hands to right
- 29-30 Stomp left beside right, stomp right beside left

(keep weight on left)

- 31-32 Clap, hold

Begin again.