

One More Time

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Count: 24 **Wall:** 4 **Level:** Beginner

Choreographer: Jan Brookfield (Mar 11)

Music: Do That To Me One More Time by The Captain & Tennille (96bpm)

[1-8] Step, Drag, Back Rock, Sway Hips, Chasse ¼ Turn

- 1-2 Long step L to side, drag R to L (keeping weight on L)
- 3-4 Rock back on R, recover onto L
- 5-6 Step R to side swaying hips right then left (weight on L)
- 7&8 Step R to side, close L to R, step R forward making ¼ turn to right

[9-16] Rock, Coaster Step, Rock, Half Turn Shuffle

- 1-2 Rock L forward, recover onto R
- 3&4 Step back on L, step R next to L, step forward on L
- 5-6 Rock R forward, recover onto L
- 7&8 Making half turn over right shoulder, shuffle forward on R,L,R

[17-24] Rocking Chair, Step, Touch, Hip Bumps

- 1-2 Rock L forward, recover onto R
- 3-4 Rock L back, recover onto R
- 5-6 Step L to side, touch R next to L
- 7&8 Step R to side bumping hips right, left, right (weight ends on R)

Start Again