

Hey O

LINEDANCE.COM

Count: 40 **Wall:** 4 **Level:** Beginner Plus

Choreographer: Debbie Snell – Dec. 2015

Music: "Hey O" by Johnny Reid

All level of lessons offered in Portage/Kalamazoo/Vicksburg Michigan

Start on lyrics after 32 counts,

S1: Double Heel Tap [Hop] Double Heel Tap [Hop], HEEL HOOK HEEL TOE

1-2 &R Heel Touch [Diagonal Forward], R Heel Touch [Diagonal Forward], R Step [Home = &]

3-4 &L Heel Touch [Diagonal Forward], L Heel Touch [Diagonal Forward], L Step [Home = &]

5-6R Heel Touch [Diagonal Forward], R Hook [Cross in Front]

7-8R Heel Touch [Forward], R Toe Touch [Back]

S2: Steps & Touch, 3 Steps & Touch

1-43 Steps [Moving Right = side, together, side], Ball Touch [Home]

5-83 Steps [Moving Left = side, together, side], Ball Touch [Home]

S3: HEEL STRUTS [forward]

1-42 HEEL STRUTS [Moving FORWARD] = R Heel Touch [forward], Drop R Toe [foot is now flat with full weight] = L Heel Touch [forward], Drop L Toe [foot is now flat with full weight]

5-82 HEEL STRUTS [Moving FORWARD] = Repeat counts 14 above

S4: 2 ROCKING CHAIRS [slowly ¼ left]

1-2R Rock [Forward], L Recover [In Place]

3-4R Rock [Back & ½ Left], L Recover [In Place]

5-6R Rock [Forward & ½ Left], L Recover [In Place]

7-8R Rock [Back], L Recover [In Place]

S5: SLOW JAZZ BOX

1-2R Cross [Right over Left], Hold [clap]

3-4L Step [Back], Hold [clap]

5-6R Step [To Side], Hold [clap]

7-8L Step [Forward], Hold [clap]

Start over

Debbie specializes in teaching the 44 basics & offering miniworkshops at her studio in Portage for all levels

Visit her website for lesson information or email/call to schedule a miniworkshops with your friends:

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