

A Little Lonely & Blue

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Heather Barton (Scotland) May 2016

Music: I'm a Little Bit Lonely by Lisa McHugh

Music available from iTunes & Amazon

#16 count intro, begin on vocals

[1-8] Point side R, touch, Heel Hook, Lock R Fwd, Step 1/2, 1/2 Back, Sweep Behind Side Cross

- 1&2&** Point right to right side, touch right beside left, tap right heel fwd, hook right under left knee
- 3&4** Step forward right, lock left behind right, step forward on right
- 5&6** Step left 1/2 turn right, 1/2 turn right step back left sweep right

Alternative steps: mambo forward step back

- 7&8** Place right behind left, step left to left side, cross right over left - 12 o'clock

[9-16] Point side L, Touch, Heel Hook, Lock L Fwd, Step R 1/4, Weave, Cross

- 1&2&** Point left to left side, touch left beside right, tap left heel forward, hook left under right knee
- 3&4** Step forward left, lock right behind, step forward left
- 5&6&** Step right forward 1/4 turn left, cross right over left, step left to left side

7&8 step right behind left, step left to left side, cross right over left ** - 9 o'clock**

****Restart wall 6, change count 8 (cross right) to touch right beside left

[17-24] Rumba back, Side Together 1/2, Rumba Back, Side Together 1/4 R

- 1&2** Step left to left side, place right beside left, step back left
- 3&4 step right to right side, place left beside 1/4 turn right, 1/4 turn right cross right over left - 3 o'clock**
- 5&6 step left to left side, place right beside left, step back left**
- 7&8 step right to right side, step left beside right, 1/4 turn right step right forward - 6 o'clock**

[25-32] Cross Rock, Side Rock, Behind Side Cross, Heel Strut R,L,R,L ¾ turn R

1&2& Cross rock left over right, recover right, side rock left to left side, recover right

3&4 Place left behind right, step right to right side, cross left over right

5-6¼ turn Right, heel right forward, drop right toe, ¼ right, heel left forward, drop left toe

7-8¼ turn right heel right forward, drop right toe, step forward left heel, drop left toe - 3 o'clock

Restart on wall 6

Dance the first 16 counts and change count 16 (cross R) to a touch Right beside left

.....

Happy dancing

Thanks to my hubby Steve for the help me with this dance

Hcbootleggers26@aol.com