

# Mah Na Mah Na

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**Count:** 36      **Wall:** 2      **Level:** Improver

**Choreographer:** Sonja Hemmes – November 2017

**Music:** Mah Na Mah Na by: Philharmonic Wind Orchestra (Jerome Naulais Portrait, Vol. 3)

## **Start after 32 second introduction**

### **LOCK STEP FORWARD RIGHT THEN LEFT WITH BRUSHES**

**1-4**      Step right forward, step left behind right, step right forward, brush left

**5-8**      Step left forward, step right behind left, step left forward, brush right

### **ROCK FORWARD DIAGONALLY RIGHT THEN LEFT WITH HOLDS**

**1-4**      Rock right forward diagonally, step on left, step right next to left, hold

**5-8**      Rock left forward diagonally, step on right, step left next to right, hold

### **STEP TOUCH, STEP TOUCH, STEP TAP, STEP TOUCH**

**1-2**      Step right to right side, touch left next to right

**3-4**      Step left to left side, touch right next to left

**5-6**      Step forward on right, tap left toe behind right

**7-8**      Step left next to right, touch right next to left

### **ROCK BACK 1/2 TURN LEFT, HOLD, ROCK BACK, STEP, HOLD**

**1-4**      Rock back on right, turn ½ to the left on ball of left, step right, hold

**5-8**      Rock back on left, step on right, step forward on left, hold

### **STEP RIGHT DIAGONALLY, DRAG LEFT NEXT TO RIGHT, TOUCH, STEP LEFT DIAGONALLY, DRAG RIGHT NEXT TO LEFT, TOUCH**

**1-2**      Step right diagonally forward, drag left next to right, touch

**3-4**      Step left diagonally forward, drag right next to left, touch

### **\*\*2 RESTARTS:**

**\*3rd rotation, after 20 counts you will be facing the 12 o'clock wall, Restart**

**\*\*8th rotation, after 28 counts facing the 6 o'clock wall, step on left instead of hold, Restart**

**TAG: End of 1st rotation facing the 6 o'clock wall, after 36 counts, sway, sway**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=121518](https://www.linedance.com/index.php?f=dance_view&id=121518)