

FORCA

LINEDANCE.COM

Count: — **Wall:** 2 **Level:** intermediate

Choreographer: Liz Nighy

Music: Forca by Nelly Furtado

Sequence: AA, BB, AA, BB, AA, BB, AA, BB

PART A

STEP RIGHT, BEHIND & CROSS, TAP- $\frac{1}{4}$ TURN KICK, COASTER STEP RIGHT, CROSS LEFT

- 1 Step right foot to right side
- 2&3 Cross left foot behind right, step right foot to right side, cross left foot over right
- 4-5 Tap right foot next left, kick right foot to right side with $\frac{1}{4}$ turn to right
- 6&7 Step right foot back, step left on right, step right foot forward
- 8 Cross left foot over right

TAP-CROSS RIGHT, $\frac{3}{4}$ TURN, $\frac{1}{2}$ TURN, CROSS-TAP

- 1-2 Tap right foot to right side, cross right foot over left
- 3-4 Step left foot back $\frac{1}{4}$ turn right, step right foot $\frac{1}{4}$ turn right
- 5-6 Step left foot $\frac{1}{4}$ turn right, step right $\frac{1}{2}$ turn to right side
- 7-8 Cross left foot over right, tap right to right side

CROSS UNWIND($\frac{1}{2}$ -LEFT), CHASSÉ RIGHT, ROCK STEP RIGHT, CROSS SHUFFLE

- 1-2 Cross right foot over left, unwind a $\frac{1}{2}$ turn over left shoulder
- 3&4 Step right foot to right side, step left next to right, step right to right side
- &5-6 Step left foot next right, rock right foot to right side, recover on left
- 7&8 Cross right foot over left, step right next to left, cross right foot over left

BRUSH $\frac{1}{4}$ LEFT-STEP, ROCK STEP RIGHT, $\frac{1}{4}$ TURN-BRUSH, CROSS UNWIND($\frac{1}{2}$ RIGHT)

- 1-2 Brush left foot $\frac{1}{4}$ to left side, step left foot forward
- 3-4 Rock right foot forward, recover on left
- 5-6 Step right foot $\frac{1}{4}$ turn right, brush left on place
- 7-8 Cross left over right, unwind $\frac{1}{2}$ turn over right shoulder

PART B

STEP-STEP, COASTER STEP, STEP-STEP, COASTER STEP

- 1** Step right foot diagonal right forward and cross your right arm with fist on your trunk
- 2** Step left foot diagonal left forward and cross your left arm with fist on your trunk
- 3&4** Step right foot back, step left on right, step right foot forward
- 5** Step left foot diagonal left forward and cross your left arm with fist on your trunk
- 6** Step right foot diagonal right forward and cross your right arm with fist on your trunk
- 7&8** Step left foot back, step right on left, step left foot forward

ROCK FORWARD RIGHT, ROCK BACK RIGHT, ROCK SIDE RIGHT-STEP, ROCK FORWARD LEFT ROCK BACK LEFT, ROCK SIDE LEFT-STEP (WITH HANDS IN YOUR HIP)

- 1&2&** Rock right foot forward, recover on left, rock right foot back, recover on left
- 3&4** Rock right foot to right side, recover on left, step right foot on left
- 5&6&** Rock left foot forward, recover on right, rock left foot back, recover on left
- 7&8** Rock left foot to left side, recover on right, step left foot on right

REPEAT