

# Easy Country West

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**Count:** 32                      **Wall:** 4                      **Level:** Novice

**Choreographer:** Linda Sansoucy Quebec (Canada) Feb 2013

**Music:** Help Me Make It Through The Night by Melba Montgomery

**Alt: Back To Back by Clint Black - Intro: 32 count**

**Alt: A Woman's Love by Alan Jackson - Intro: 32 count**

**Intro: 16 count**

**[1-8] RUMBA BOX, HOLD, RUMBA BOX, HOLD**

- 1-2            Step right side, Step left together
- 3-4            Step right forward, Hold
- 5-6            Step Left side, Step right together
- 7-8            Step Left back, Hold

**[9-16] RIGHT COASTER STEP, HOLD, MILITARY PIVOT, STEP FORWARD, HOLD**

- 1-2            Step back on right, Step left together
- 3-4            Step right forward, Hold
- 5-6            Step left forward, Turn ½ right [6 :00]
- 7-8            Step left forward, Hold

**[17-24] SCISSOR STEP, HOLD, SCISSOR STEP, HOLD**

- 1-2            Step right side, Step left together
- 3-4            Cross right over left, Hold
- 5-6            Step left side, Step right together
- 7-8            Cross left over right, Hold

**[25-32] SIDE, TOGETHER, ¼ TURN RIGHT, HOLD, MILITARY PIVOT, STEP FORWARD, HOLD**

- 1-2            Step right side, Step left together
- 3-4            Step right forward ¼ turn right, Hold [9 :00]
- 5-6            Step left forward, Turn ½ right [3 :00]

**7-8** Step left forward, Hold

**Repeat!!**

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