

# OLD FLAME

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**Count:** 32                      **Wall:** —                      **Level:** Partner

**Choreographer:** Hazel Pace

**Music:** Old Flame by Alabama

**Position:** Ballroom Hold. Man Facing OLOD, Lady ILOD. Mirror image steps throughout dance.  
**Lady's steps given**

## **SIDE SHUFFLE, ROCK, RECOVER, RIGHT & LEFT SHUFFLES ½ TURN TO THE RIGHT**

**When doing rock steps slightly open up, but stay in ballroom**

- 1&2**            Step left to left side, step right beside left, step left to left side
- 3-4**            Rock back on right, recover on left
- 5&6**            Right shuffle on right, left, right, moving toward LOD making ¼ turn to the right
- 7&8**            Left shuffle on left, right, left, moving toward LOD making ¼ turn to the right

**Lady is now facing OLOD, man ILOD**

## **ROCK, RECOVER, RIGHT & LEFT SHUFFLES ½ TURN TO THE LEFT, ROCK, RECOVER**

- 1-2**            Rock back on right, recover on left
- 3&4**            Right shuffle on right, left, right, moving slightly towards RLOD making ¼ turn to the right
- 5&6**            Left shuffle on left, right, left, moving slightly towards RLOD making ¼ turn to the right
- 7-8**            Rock back on right, recover on left

## **RIGHT SHUFFLE ¼ TURN RIGHT, STEP, KICK, RIGHT SHUFFLE, STEP, KICK**

**As you make ¼ turn to face LOD drop lady's right hand, man's left, leave other hands behind back**

- 1&2**            Make a ¼ turn right as you right shuffle on right, left, right toward LOD
- 3-4**            Step forward on left, kick right foot across left to touch your partners left foot
- 5&6**            Right shuffle forward on right, left, right
- 7-8**            Step forward on left, kick right foot across left foot to touch your partners left foot

**As you kick with your partner clap outside hands at the same time**

**SIDE SHUFFLE  $\frac{1}{4}$  TURN LEFT, COASTER STEP, SIDE SHUFFLE  $\frac{1}{4}$  TURN RIGHT, STEP  $\frac{3}{4}$  PIVOT RIGHT**

**As you go into counts 1&2 you will be holding inside hands, as you dance coaster step go into double hand hold & counts 7-8 no hands**

- 1&2** Right shuffle to right on right, left, right, turning  $\frac{1}{4}$  turn left to face partner
- 3&4** Step back on left, step right beside left, step forward on left
- 5&6** Step right to right side, step left beside right, step right  $\frac{1}{4}$  turn right to face LOD
- 7-8** Step forward on left, make  $\frac{3}{4}$  pivot turn right to face partner

**REPEAT**