

# Chameleon Heart

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**Count:** 32

**Wall:** 4

**Level:** High Intermediate WCS

**Choreographer:** Debbie Rushton & Jannie Tofte Anderson (October 2017)

**Music:** Chunks by Phlake - iTunes

**Intro: 32 counts intro (app. 44 sec. into song) Start on heavy beat.**

**Restart: 1 restart on wall 2, after 16 counts. Facing 12:00**

**[1-8] Back  $\frac{1}{4}$  L point, Rolling vine R, Step  $\frac{3}{4}$  R, Behind  $\frac{1}{4}$  L rock step**

- 1&2** Step R back, turn  $\frac{1}{4}$  L stepping L to L side, point R to R side 09:00
- 3&4** Turn  $\frac{1}{4}$  R stepping R fw, turn  $\frac{1}{2}$  R stepping L back, turn  $\frac{1}{4}$  R stepping R to R side 09:00
- 5&6** Step L fw, turn  $\frac{1}{2}$  R stepping onto R, turn  $\frac{1}{4}$  R stepping L to L side 06:00
- 7&8&** Cross R behind L, turn  $\frac{1}{4}$  L stepping L fw, rock R fw, recover L 03:00

**[9-16] Step sweep, Behind  $\frac{1}{4}$  R, Step  $\frac{1}{2}$  R, Ball step  $\frac{1}{4}$  L, Kick out out together**

- 1-2&** Step R back sweeping L CCW, cross L behind R, turn  $\frac{1}{4}$  R stepping R fw 06:00
- 3-4** Step L fw, turn  $\frac{1}{2}$  R stepping onto R 12:00
- &5-6** Step L next to R, step R fw, turn  $\frac{1}{4}$  L stepping onto L 09:00
- 7&8&** Kick R fw, step out R, step out L, step R next to L

**Restart here wall 2: Replace counts 7&8& with run R, L, rock R, recover L - same counts 12:00 09:00**

**[17-24] Cross side together, Cross  $\frac{1}{4}$   $\frac{1}{2}$  R, Mambo sweep, Behind side cross**

- 1&2** Cross L over R, step R to R side, step L next to R (body slightly angled L) 09:00
- 3&4** Cross R over L, turn  $\frac{1}{4}$  R stepping L back, turn  $\frac{1}{2}$  R stepping R fw 06:00
- 5&6** Rock L fw, recover R, step L back sweeping R CW 06:00
- 7&8** Cross R behind L, step L to L side, cross R over L (beginning of a cross shuffle) 06:00

**[25-32] Ball cross,  $\frac{3}{4}$  unwind L, Ball  $\frac{1}{4}$  L cross  $\frac{1}{4}$  R, Ball  $\frac{1}{4}$  R cross, Step  $\frac{1}{2}$  L, Rock step**

- &1-2** Step L to L side, cross R over L (end of cross shuffle), unwind  $\frac{3}{4}$  L (weight L) 09:00
- &3-4** Turn  $\frac{1}{4}$  L stepping R to R side (slightly back), cross L over R, turn  $\frac{1}{4}$  R stepping R fw 09:00
- &5-6** Turn  $\frac{1}{4}$  R stepping L to L side (slightly back), cross R over L, turn  $\frac{1}{4}$  L stepping L fw 09:00

**7&8&** Step R fw, turn ½ L stepping onto L, rock R fw, recover L 03:00

**Ending - Wall 8 (starts facing 03:00)**

**Dance the dance normally up to count 31& (step ½ L) facing 06:00. Then add:**

**8&** Step R fw, turn ½ L stepping onto L 12:00

**Last Update - 18th Oct. 2017**