

# FLY LIKE A BIRD

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**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Hedy McAdams

**Music:** Fly Like A Bird by Boz Scaggs

## ROCK LEFT SIDE, BACK, TURN $\frac{1}{4}$ , HOLD, TURN $\frac{1}{4}$ , ROCK, TURN $\frac{1}{4}$ , HOLD

**1-4** Rock left to side, recover to right, turn  $\frac{1}{4}$  left and step left forward, hold (9:00)

**5-6** Turn  $\frac{1}{4}$  left and rock right to side, recover to left (6:00)

**7-8** Turn  $\frac{1}{4}$  right and step right forward, hold (9:00)

## TURN $\frac{1}{4}$ , ROCK, TURN $\frac{1}{4}$ , HOLD

**9-10** Turn  $\frac{1}{4}$  right and rock left to side, recover to right (12:00)

**11-12** Turn  $\frac{1}{4}$  left and step left forward, hold (9:00)

## KICK-BALL-TURN, KICK-BALL-CHANGE

**13&14** Kick right forward, step right together, turn  $\frac{1}{4}$  left and step left in place (6:00)

**15&16** Kick right forward, step right in place, step left in place

## CROSS, TURN, CROSS & CROSS, TURN $\frac{1}{4}$ SHUFFLE, TURN $\frac{1}{4}$ , TURN $\frac{1}{2}$

**17-18** Cross/touch right over left, unwind  $\frac{1}{2}$  left (weight to right, 12:00)

**19&20** Cross left over right, step right to side, cross left over right

**21&22** Turn  $\frac{1}{4}$  right and step right forward, step left together, step right forward (3:00)

**23-24** Turn  $\frac{1}{4}$  right and step left to side, turn  $\frac{1}{2}$  left and step right forward (12:00)

## CROSS, TOUCH, CROSS, TURN $\frac{1}{2}$ , CROSS & CROSS, BIG STEP, SLIDE/LIFT

**25-26** Cross left over right, touch right toe to side

**27-28** Cross/touch right over left, unwind  $\frac{1}{2}$  left (weight to right, 6:00)

**29&30** Cross left over right, step right to side, cross left over right

**31-32** Big step right to side, drag left toward right

**Lift left toe slightly to blend into step 1**

## REPEAT