

IT'S THE TRUTH

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Count: 32

Wall: 4

Level: intermediate

Choreographer: Chris Cleevely

Music: I Had The Time Of My Life by Bill Medley & Jennifer Warnes

INTRO

Danced just once, when the instrumental starts. Drop this intro if Tim McGraw track is used

2 X MONTEREY TURNS, POINT BACK RIGHT, STEP IN PLACE, POINT BACK LEFT, STEP IN PLACE, FORWARD RIGHT MAMBO, FORWARD LEFT MAMBO

- 1-2** Point right toes to right side, pivot $\frac{1}{2}$ turn right and step right next to left
- 3-4** Point left toes to left side, step left by right
- 5-6** Point right toes to right side, pivot $\frac{1}{2}$ turn right and step right next to left
- 7-8** Point left toes to left side, step left by right
- 9-10** Point right toes back (on right diagonal), step right in place & clap
- 11-12** Point left toes back (on left diagonal, step left in place & clap)
- 13-14** Rock forward on right, recover weight on left, step right by left
- 15&16** Rock forward on left, recover weight on right, step left by right

THE MAIN DANCE

STEP, ROCK, RECOVER (TRAVELING FORWARD)

- 1&2** Step forward on right, rock back on left, recover weight on right (snap fingers of left hand)
- 3&4** Step forward on left, rock back on right, recover weight on left (snap fingers of right hand)
- 5&6** Step forward on right, rock back on left, recover weight on right (snap fingers of left hand)
- 7&8** Step forward on left, rock back on right, recover weight on left (snap fingers of right hand)

RIGHT SCISSOR STEP, LEFT SCISSOR STEP, KICK, $\frac{1}{4}$ TURN RIGHT, TWIST, TWIST, $\frac{1}{4}$ TURN LEFT

- 9&10** Step right to right side, step left by right, cross right over left
- 11&12** Step left to left side, step right by left, cross left over right
- 13-14** Kick right foot forward, twist $\frac{1}{4}$ turn right (weight on left)
- 15&16** Twist heels right, twist heels left, twist heels right making $\frac{1}{4}$ turn left (weight on right)

LEFT COASTER STEP, RIGHT FORWARD MAMBO, HIP BUMPS ON LEFT DIAGONAL, HIP BUMPS ON RIGHT DIAGONAL

- 17&18** Step back on left, step right by left, step left forward
- 19&20** Rock forward on right, recover weight on left, step right by left
- 21&22** Step forward on left diagonal and bump hips left/right/left
- 23&24** Step forward on right diagonal and bump hips right/left/right

LEFT ¼ TURNING SAILOR STEP, ROCK, RECOVER, FULL TURN, ROCK RECOVER

- 25&26** Making ¼ turn left cross left behind right, step right to right side, step left to left side
- 27-28** Rock forward on right, recover weight on left
- 29-30** Step ½ turn right, keeping weight on right pivot ½ turn right stepping back on left
- 31-32** Rock back on right, recover weight on left

REPEAT

RESTART

For Dirty Dancing track only: on 11th wall restart dance after count 28 (on count 28 you will be facing 3:00)

ENDING

For dirty dancing track only: last wall (14th) on counts 29-30 (6:00), make a 1 ½ turn over right shoulder (stepping right/left/right) to finish facing 12:00