

APHRODISIAC!!!

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Count: 32 **Wall:** 4 **Level:** Intermediate level

Choreographer: M.T. Groove (UK) September 2005

Music: Aphrodisiac by Brandy, Available on CD: Best of Brandy

start on vocals

WALK WALK, KICK $\frac{1}{4}$ POINT, TOUCH $\frac{1}{4}$ TURN, R COATER STEP.

1.2 Walk forward R,L.

3&4 Kick R foot forward, Step on R as you $\frac{1}{4}$ turn R, Point L to L side.

5.6 Touch L toe across R, Step back on L as you $\frac{1}{4}$ turn R.

7&8 Step R back, Step L in place, Step forward R.

OUT OUT KNEES IN, SHOULDER ISOLATIONS, HITCH $\frac{1}{4}$ RUN, $\frac{1}{4}$ TURN $\frac{1}{4}$ TURN.

&1-2 Step L to L side(&), Step R to R side, Turn both knees in as you drop down slightly.

3&4 Bring R shoulder up(3) then L shoulder(&), Hitch L knee across R leg(raise up on ball of R foot as you do this) as you make a $\frac{1}{4}$ turn R.

5&6 Run forward L,R,L. (Note this is not a shuffle).

7.8 Step back on R as you $\frac{1}{4}$ turn L, Step L to L side as you $\frac{1}{4}$ turn L. (Restart here during wall 3 ? you'll be facing 9 o'clock as you restart).

HEEL & HEEL, & ROCK RECOVER, TRIPLE 1 $\frac{1}{2}$ TURNS, STEP KICK.

1&2 Touch R heel forward, Step R in place, Touch L heel forward.

&3-4 Step L in place(&), Rock forward on R, Recover L.

5&6 Make one and a half turns right as you step R,L,R.

7.8 Step forward L, Kick R foot forward - low kick.

WALK BACK R,L, $\frac{1}{4}$ TURN SLIDE, L SAILOR STEP, TWIST $\frac{1}{4}$ TWIST FULL TURN, L SHUFFLE.

&1-2 Step back on R(&), Step back L, Slide R foot to R side as you make a $\frac{1}{4}$ turn R.

3&4 Step L behind R, Step R to R side, Step L to L side.

5.6 Twist body $\frac{1}{4}$ to the R, Twist Body a full turn to the L. (your feet will swivel automatically)!!!

7&8 Step forward L, Close R next to L, Step forward L.

For a big finish on count 6 (section 4) twist $\frac{3}{4}$ turn back to the front.

start over and enjoy.

Don?t just move it ? Groove it!!!

www.mtgroove.co.uk