

Cut You Loose

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Malene Jakobsen , Denmark (Feb 2011)

Music: Good Thing's Gone Bad by James Otto feat. Ronnie Milsap, CD:Shake What God Gave Ya, (112bpm)

Intro: 32 counts from when the beat kicks in, 20 seconds into track, dance begins with weight on L

[1-9] Rock, recover, together, lock step, out out, swivels

1-2-3(1) Rock fwd. on R, (2) recover onto L, (3) step R next to L 12.00

4&5(4) Step fwd. on L, (&) lock R behind L, (5) step fwd. on L 12.00

6-7(6) Step R slightly R, (7) step L slightly L - weight on both feet 12.00

8&1(8) Swivel heels L, (&) swivel toes L, (1) swivel heels L - weight on L 12.00

[10-17] ¼ Monterey, point, ball, side rock, touch, chassé

2-3(2) Point R to R side, (3) on ball of L turn ¼ R stepping R next to L 3.00

4&5(4) Point L to L side, (&) step L next to R, (5) rock R to R side 3.00

6-7(6) Recover onto L, (7) touch R next to L 3.00

8&1(8) Step R to R side, (&) step L next to R, (1) step R to R side 3.00

[18-25] Cross rock, shuffle ¼, sweep ½, step down, back mambo

2-3(2) Cross L over R, (3) recover onto R 3.00

4&5(4) Step L to L side, (&) step R next to L, (5) turn ¼ L stepping fwd. on L - prep. for sweeping ½ 12.00

6-7(6) On ball of L make ½ turn L sweeping R, (7) step R next to L 6.00

8&1(8) Rock back on L, (&) recover onto R, (1) step fwd. on L 6.00

[26-33] Rock, recover, coaster step, rock, recover, coaster step

2-3(2) Rock fwd. on R, (3) recover onto L 6.00

4&5(4) Step back on R, (&) step L next to R, (5) step fwd. on R 6.00

6-7(6) Rock fwd. on L, (7) recover onto R 6.00

8&1(8) Step back on L, (&) step R next to L, (1) step fwd. on L 6.00

[34-41] Hitch $\frac{1}{4}$, side, sailor step, touch behind, $\frac{1}{2}$, shuffle $\frac{1}{2}$

2-3(2) Hitch R and on ball of L make $\frac{1}{4}$ turn L, (3) step R to R side 3.00

4&5(4) Step L behind R, (&) step R to R side, (5) step L to L side 3.00

6-7(6) Touch R toes back, (7) turn $\frac{1}{2}$ turn R stepping down on R 9.00

8&1(8) turn $\frac{1}{4}$ R stepping L to L side, (&) step R next to L, (1) turn $\frac{1}{4}$ R stepping back on L 3.00

[42-48] Sweep, ball step, shuffle, rock, recover, $\frac{1}{4}$

2&3(2) Sweep R from front to back, (&) step slightly back on R, (3) step fwd. on L 3.00

4&5(4) Step fwd. on R, (&) step L next to R, (5) step fwd. on R 3.00

6-7-8(6) Rock fwd. on L, (7) recover onto R, (8) turn $\frac{1}{4}$ L stepping L to L side 12.00

[49-57] Monterey $\frac{3}{4}$, hold, ball, cross, back, side, cross shuffle

1-2-3(1) Point R to R side, (2) on ball of L make $\frac{3}{4}$ turn R, (3) point L to L side 9.00

4&5(4) Hold, (&) step L next to R, (5) cross R over L 9.00

6-7(6) Step back on L, (7) step R to R side 9.00

8&1(8) Cross L over R, (&) step R to R side, (1) cross L over R 9.00

[58-64] Back, $\frac{1}{4}$, touch, ball step, side, drag, back mambo

2-3(2) Step back on R, (3) turn $\frac{1}{4}$ L stepping L to L side 6.00

4&5(4) Touch R next to L, (&) step R next to L, (5) step fwd. on L 6.00

6-7(6) Step R to R side, (7) drag L towards R 6.00

&8&(&) Rock back on L, (8) recover onto R, (&) step fwd. on L 6.00

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