

Hell On Heels

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Count: 48

Wall: 2

Level: Beginner / Intermediate

Choreographer: Don Carleton

Music: Hell On Heels by Pistol Annies

Start when she first sings “hell on heels”, about 30 seconds in

CROSS, STEP, HEEL POPS, CROSS, STEP, HEEL POPS

- 1-4** Cross right over left, step left to side (turning to face right diag.), lift both heels, drop both heels (weight to right)
- 5-8** Cross left over right, step right to side (turning to left diagonal), lift both heels, drop both heels (weight to left)

¼ TURN SIDE ROCK, CROSS, HOLD, ¼ TURN RIGHT, BACK COASTER STEP, HOLD

- 1-4** Turn 1/8 turn left rock to right side, recover to left, cross right over left, hold (9:00)
- 5-8** Turn ¼ turn right step back left, right together, left forward, hold (12:00)

STEP, LOCK, STEP, HOLD, ¼ TURN RIGHT, SIDE ROCK, CROSS, HOLD

- 1-4** Step right forward, lock left behind right, step right forward, hold
- 5-8** Turn ¼ turn right and rock left to left side, recover to right, cross left over right, hold (3:00)

PROGRESSIVE RUMBA BOX FORWARD

- 1-4** Step right to right side, step left together, step right forward, hold
- 5-8** Step left to left side, step right together, step left forward, hold

PROGRESSIVE RUMBA BOX BACK

- 1-4** Step right to right side, step left together, step right back, hold
- 5-8** Step left to left side, step right together, step left back, hold

POINT, TURN, CROSS, HOLD, ROCK SIDE, HOLD, BIG STEP SIDE, DRAG

- 1-4** Point right to right side, turn ¼ turn right and step right beside left, cross left over right, hold (6:00)
- 5-8** Rock (press) to right side on right, hold, recover to left on left, drag (touch) right next to left

Smile and Begin Again