

He's Italiano

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Lene Mainz Pedersen (DK) November 2016

Music: Mamma Mia (He's Italiano) feat. Glance by Elena - iTunes. Approx 115 bpm.

Start: Dance begins on vocals after 16 Counts..

[Sec. 1] Side Rock, Behind side Cross, 4 swivels L-R-L, 1/4 turn R

- 1-2** Rock R to R side, Recover on L
- 3&4** Cross R behind L, Step L to L side, Cross R in front of L
- 5-6** Swivel both heels right as you step L to left side, swivel both heels left as you step R to right side
- 7-8** Swivel both heels right as you step L to left side, swivel both heels left as you make a ¼ turn right stepping R fw (3:00) (You're up when you go in L diagonal, and down when you go R - see it as a Skate on you're toes)

[Sec. 2] Dorothy L + R, Cross Back, Side Rock L,

- 1-2&** Step L fw in L diagonal, Lock R slightly behind L, Step L fw in L diagonal (1:30)
- 3-4&** Step R fw in R diagonal, Lock L slightly behind R, Step R fw in R diagonal (4:30)
- 5-6** Cross L in front of R (3:00), Step R back *** Tag & Restart
- 7-8** Rock L to L side, Recover on R

[Sec. 3] L sailor, hold, R ball, L side, R points fw - side, R sailor into R side shuffle

- 1&2** Cross L behind R, Step R beside L, Step L to left side
- 3&4 hold (shimmy shoulders), step R beside L, step L to L side**
- 5-6** Point R toe across L, point R to R side
- 7&8&1** Cross R behind L, step L beside R, step R to R side, step L beside R

[Sec. 4] R side (end of R shuffle), L points fw - side, L sailor ¼ turn L, Turn 1/4 L - Stomp R x 3

- 2-3** Step R to R side, point L toe across R, point L to L side
- 4&5** Turn 1/4 L Step/Sweep L behind R (12:00), step R beside L, Step L fw

6-8 Make 1/4 turn L Stomp R to R side (weight on L) (9:00), make 1/4 turn L Stomp R to R side (weight on L) (6:00) Make 1/4 turn L Stomp R to R side (weight on L) (3:00)

Begin again - Happy Go Lucky □

Tag & Restart: Wall 10 after 14 Counts (6:00)

7-8 Step L to L side, Touch R beside L

Ending: Ends (6:00) Cross R in front of L, unwind 1/2 L stepping down on R and

Pooooooooose □

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