

HE ROCKS

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Count: 48

Wall: 2

Level: —

Choreographer: Tracie Lee

Music: He Rocks by Wynonna

- 1-2&** Step right forward at 45 degrees right, lock left behind right, step right beside left
- 3-4&** Step left forward at 45 degrees left, lock right behind left, step left beside right
- 5-6** Point right toe to right side, hold
- &7-8** Step right beside left, tap left toe beside right, kick left forward at 45 degrees left
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- 1&2** Step left behind right, step ball of right to right side, replace weight to left (sailor step)
- 3&4** Step right behind left, step ball of left to left side, replace weight to right (sailor step)
- 5-6** Step left behind right, turn $\frac{1}{4}$ turn right & step right forward
- 7-8** Turn $\frac{1}{4}$ turn right & step left to left side, turn $\frac{1}{2}$ turn right & step right to right side
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- 1-2** Rock forward on left across over right, rock back onto right
- 3&4** Turn $\frac{1}{4}$ turn left & shuffle forward left-right-left
- 5&6** Turn $\frac{1}{4}$ turn left & shuffle to right side right-left-right
- 7-8** Turn $\frac{1}{2}$ turn left & step left to left side, tap right beside left
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- &1-2** Step back on ball of right, step left forward, step right beside left
- 3** Point left toe to left side turning body $\frac{1}{4}$ turn right (the left toe touch should become a touch back)
- 4** Turn body $\frac{1}{4}$ turn left & step left beside right
- &5-8** Repeat above 4 counts
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- 1&2** Shuffle to right side right-left-right

- 3-4 Touch ball of left behind right, pivot ½ turn left taking weight to left
- 5-6 Rock forward on right, rock back on left
- 7&8 Step right back, step left beside right, step right forward (coaster step)

- 1-2 Step left forward, pivot ½ turn right taking weight to right
- 3-4 Step left forward, pivot ½ turn right taking weight to right
- 5-8 Step left forward at 45 degrees left & bump hips to left 4 times ending with weight on left

REPEAT

TAG

At the end of the second wall when facing the front

- 1-4 Rock forward on right, rock back on left, rock back on right, rock forward on left
- 5-8 Step right forward, pivot ½ turn left, step right forward, pivot ½ turn left taking weight to left