

# Long & Lonesome Highway

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**Count:** 32      **Wall:** 2      **Level:** Beginner

**Choreographer:** Mawayani (Sept 2013)

**Music:** Many A Long & Lonesome Highway by Rodney Crowell & Will Jennings

**Intro : 8 counts**

**L LUNGE, RECOVER, L SHUFFLE BWD,  $\frac{3}{4}$  TRIPPLE TURN R, SIDE & CROSS**

**1LF step forward, bend knee**

**2RF recover**

**3LF step backward**

**&RF close next to LF**

**4LF step backward**

**5RF  $\frac{1}{2}$  turn right, step forward**

**&LF step next to RF**

**6RF  $\frac{1}{4}$  turn right, step forward**

**7LF rock left**

**&RF recover**

**8LF cross over RF**

**R ROCK, RECOVER, COASTERSTEP, L ROCK RECOVER, COASTERSTEP**

**1RF rock forward**

**2LF recover**

**3RF step backward**

**&LF close next to LF**

**4RF step forward**

**5LF rock forward**

**6RF recover**

**7LF step backward**

**&RF step next to RF**

**8LF step forward**

**PIVOT L, ½ TRIPPLE TURN L, ¼ ROCK L, RECOVER, BEHIND SIDE CROSS**

**1RF step forward**

**2L+R ½ turn left**

**3RF ¼ turn left, step right**

**&LF step next to LF**

**4RF ¼ turn left, step backward**

**5LF ¼ turn left, rock left**

**6RF recover**

**7LF cross behind RF**

**&RF step to right**

**8LF cross over RF**

**CROSS, ½ TURN L, TRIPPEL TURN L, LOCKSTEP, COASTERSTEP**

**1RF cross over LF**

**2R+L ½ turn left**

**3RF ¼ turn left, step to right**

**&LF step next to RF**

**4RF ¼ turn left, step backward**

**5LF step backward**

**&RF lock in front of LF**

**6LF step backward**

**7RF step backward**

**&LF close next to RF**

**8RF step forward**

**Start again**

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